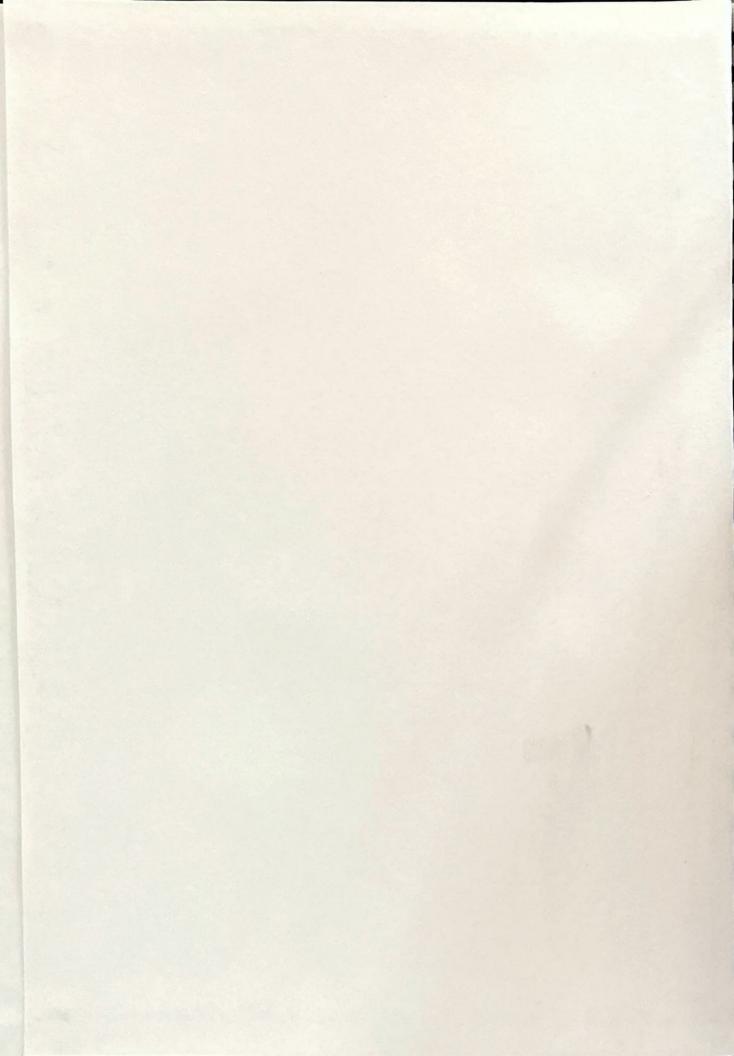
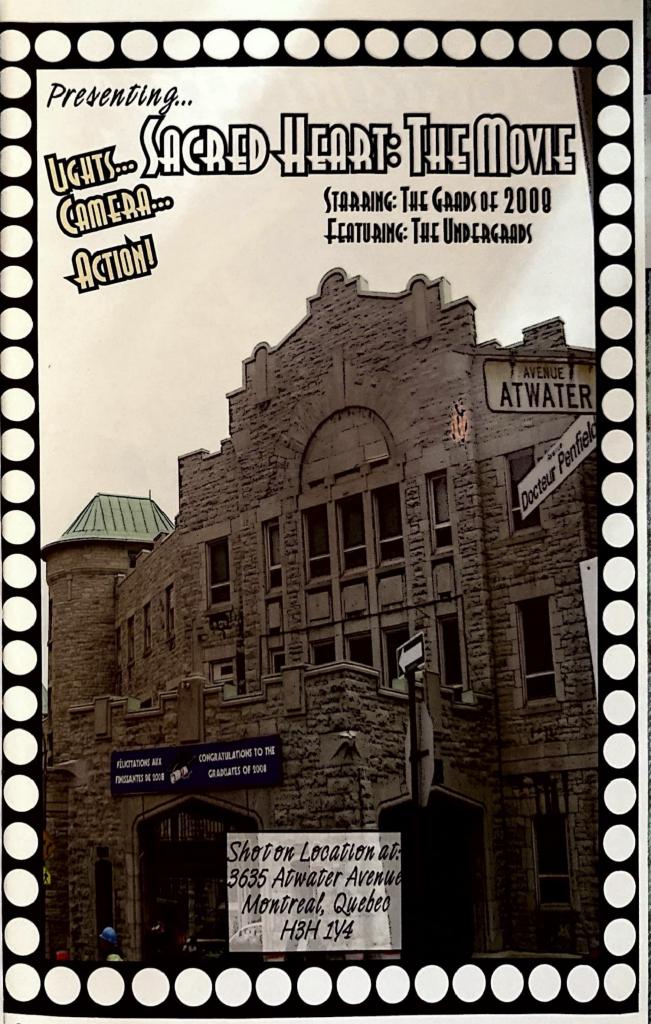


MEMORIES FROM THE HEART





Headmistress' Address

Many people will walk in and out of your life, but only true friends will leave footprints in your heart a dI thank those of you who have left footprints in mine. I wish each and every one of you contentment as your future unfolds. Each of us seeks happiness in our lives and to achieve that goal it is important to live simply; to free our minds from worries; to hold no hatred in our hearts, and to give more and expect less. To the Class of 2008, you have been a wonderful group of students and each of you has benefitted in different ways from your Sacred Heart experience. Take care of your lives, and we look forward to your visits at the City House.

May there always be work for your hands to do.
May your purse always hold a coin or two.
May the sun always shine upon your window pane.
May a rainbow be certain to follow each rain.
May the hand of a friend always be near to you.
May God fill your heart with gladness to cheer you.

Elaine Brooks Headmistress

Allministrations Tibe Directors



Dear Class of 2008,

The past five years have been for all of you a wonderful adventure. You have formed and nurtured lasting friendships, discovered hidden talents, and experienced moments of elation and dejection, confidence and self-doubt. Every experience has been a preparation for the new adventure that awaits you as you leave Sacred Heart. The path you follow will not be straight, and you cannot know at the beginning where it will lead you; but keep your hearts and minds open to all good possibilities. As Ralph Waldo Emerson once wrote, "What lies behind us and what lies before us are tiny matters compared to what lies within us."

Jean Filipovich, Assistant Headmistress

Dear Graduates.

I would like to take this opportunity to thank the students, faculty and parents of the Sacred Heart School of Montreal for making my last 22 years a memorable experience. My years as a teacher, coach and administrator have been filled with



numerous highlights which I will take with me. To the class of 2008, I will always remember you as "the class that I finally graduated with." Good luck in your future endeavors and you never know when our paths will cross again.

Peter Kousik, Director of Studies



Dearest Girls,

There is nothing additional to write because I've said it all many, many times. You are a unique group of girls. I am truly hopeful for the future because I have lived with you for five years. All that we try to impart is worthwhile when I stand back and watch you. You make me very proud! I

will never forget the class of 2008 and all the individuals who've touched me in such special ways. Each of you leaves "a handprint on my heart." Go now, and make a difference in the lives of everyone you meet just as you've made such a difference in mine. You are my SUNSHINE! With much love and gratitude,

Rosanne Del Torto, Director of Students

Throughout your high school years, Sacred Heart is where you have grown, learned and matured. And just as this City House nurtured many before you and will be a second home to your sisters of the future, after you leave us for your next steps always remember the words of Henry Wadsworth Longfellow:



"Kind hearts are the gardens, Kind thoughts are the roots, Kind words are the flowers, Kind deeds are the fruits, Take care of your garden And keep out the weeds, Fill it with sunshine Kind words and kind deeds." Congratulations to each of you in the Class of 2008!

Colleen Bronson, Director of Advancement and Alumnae Affairs



Dear Graduating Class of 2008,

Remember the special times that you have experienced together at Sacred Heart; for you will be very hard pressed to match these amazing memories in the future. Those memories will be with you forever.

Take with you all the learning and important life lessons that you have absorbed at the school and always remember to stay true to yourself. I congratulate all of you and wish you the very best in your future endeavors. Harry Kalanian, Director of Finance & Facilities

THIS ATUTAL SINT HOVISED BY THE FAMOUS MS. LESSEY

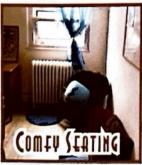




One hundred and fifty hours after school, 34 trips to Tim Hortons, 12 trees used up (and recycled), 2 white hairs grown and 1 memory book made. The memories captured are priceless. To the students, this is yours because you are the life of this school, and we have done our best to capture every moment, and for the first time, in full colour! A huge thank you to our staff for sacrificing your time to take pictures, construct layouts and keep me company. Ms. Lessey, there is no way I could even begin to imagine myself having done this without all of your dedication, help and advice. You even endured my singing, and I would like to thank you for making this book possible. To the Class of '08: I did this for you, so you could remember the laughs and the tears you had during your last year at Sacred Heart. I hope you will open up this book in years to come to enjoy it and reminisce about how Sacred girls never go out of style!

-Keira Kilmartin, Editor

A blue and turquoise room nestled in a corner on the 5th floor provided the setting for our hard work



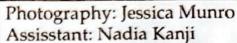








Activities & Student Life Editors: Alessia Di Giorgio & Ashley Farthing





Clubs Editor: Sarah Attardo Copy Editor: Elena Moti-





Senior Photography & Sports Editor: Morgan Orcutt Photo & Layout Editor: Emily Horonowitsch



THINGS YOU WOULD ONLY HEAR IN THE MEMORY ROOM ROOM:

- -Why mbook2, why?!
- -The flou-flous are causing problems
- -'Good times, good times'
- -Only 1 more Ringalo...
- -There's a ghost on the page. A ghost!
- -Why don't your chairs have legs?

-....

Class Editors:

Sec II: Ivani De Lauri Sec III: Pauline Belli-

veau

Sec IV: Camille Chacra

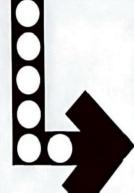
Sec V Assistants: Melissa











Thanks to our Writers: Lia Asquini Alessia Vincelli Olivia Kuzyk Sheila Canlas Frédérique LaForge

A special thank you to all who sent us pictures who were not official photographers.

Thanks to our Photographers:

Caitlin Kilmartin Joanna Santos Bianca Arciero Kyrstin Coughlin Michelle Saikali Julie Hanna Sarah Benoit Melissa Likoray Angelina Smolynec Eleni Panaritis

Alexandra Alacchi Victoria Brand Denise Pehlivanian Alexandra Lewyckyj Martina Valentin

This book is typo-free thanks to Ms. McIvor!

Academics



FREAT MINDS... IN THE MAKING



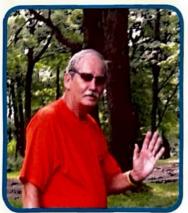




Teachers: Beating the Scenes

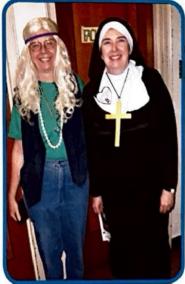








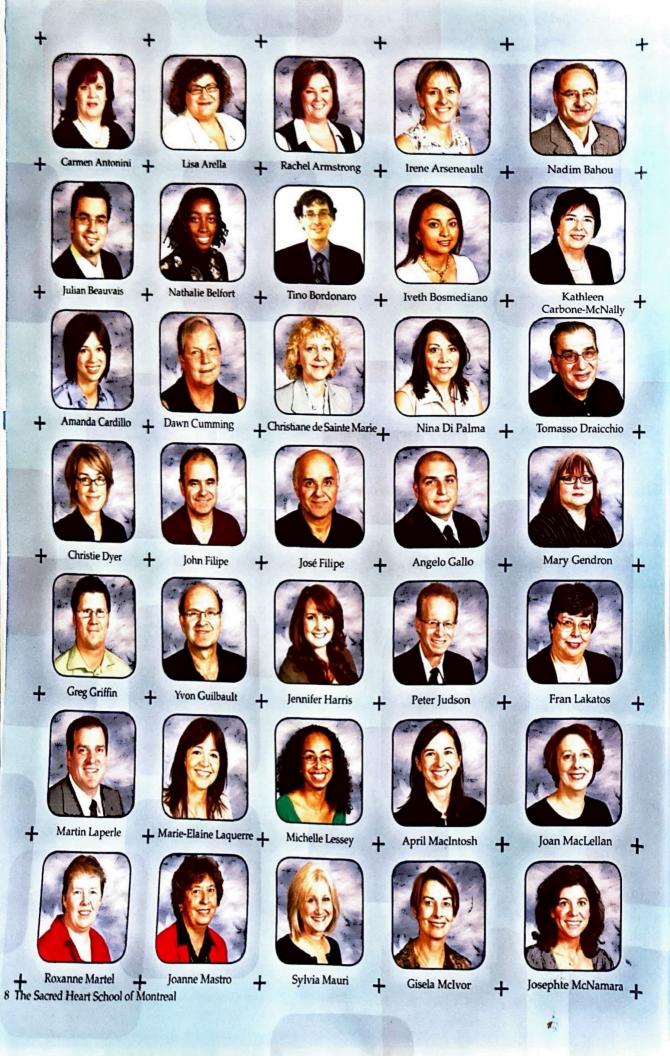












THE PRODUCERS



Louise Morrisseau



Sarah Neeff



Martin Pagé



Hélène Pagette



Maureen Pennell



Patricia Potter



Antoinette Raco



David Reda



Laila Sallak



Sandrine Schreiner



Heather Seeger



Gedi Snapkauskas



Marie-Josée Talbot +



Eric Vanderwee



Rosemary Vaupshas



Colleen Walsh



Peter Ward





To the second se

ACADEMICS

PRIZE WINNERS



Winner of Rotary Club Public Speaking Competition



Runner-up of CanWest National Spelling Bee



3rd Place Winner at Science Fair



1st Place-QAIS Public Speaking Intermediate Competition 3rdPlace -QAIS Essay Competition

COMMONWEALTH PARTICIPANTS



Katherine Chamandy, Cassandra Jones, Georgia Therriault (3rd place in the junior category), Elyana LaFrance, Cynthia Snell, Alexandra Levy, Alexandra Lewyckyj



LIA D'ABATE

Millenium Scholarship Winner, Recipient of SSUNS Prize

Being awarded the Millenium Scholarship was a great honour and I simply could not have done it without the help and support of Sacred Heart. Over the years, Sacred Heart has provided me with a myriad of opportunities to diversify my activities and been gaged in the community, both in and out of school. In addition to exposing students to various facts of life, the school instills in us the values and principles necessary to tackle all of

life's challenges the very best we can. I feel that Sacred Heart has provided me with the courage and support necessary to apply for scholarships and participate in science fairs.

HISTORY 100%

The following students scored 100% on their provincial History examination.

Alexandra Alacchi, Stephanie Christodoulopoulos, Erica Franchi, Kelly Guy, Ashley lanni, Alexandra Lewyckyj, Kathleen Paradis, Nina Toia, Hanieh Zargham, Elena Motivans



CHLOE GRIFFIN

1st Place-QAIS Essay Competition



AMANDA ARELLA 2nd Place-QAIS Essay Competition



YPI GROUPS



IST PLACE YPI GROUP

This year in religion, all Sec. IVs completed a group project known at the Youth Philanthropic Initiative, or YPI. Each group, made up of four girls, chose a local charity to research and lobby for. After hours searching the internet, countless phone calls and an on-site visit, it was time to create a presentation to wow our judges and compete for \$5000 for our charity. Although there were only three finalists: Dr Clown, Auberge Transition, and Tyndale House, all the YPI projects were fantastic and showed the level of dedication every YPI group had for their charity. YPI was a fun and educational project which turned us all into life-long philanthropists.

-Amanda Arella

TYNDALE ST-GEORGES COMMUNITY CENTER



2ND PLACE YPI GROUP -AUBERGE TRANSITION



3RD PLACE YPI GROUP - DR. CLOWN







Academics at Sacred Heart encompass many aspects, from field trips, to carrying Math books to study for an exam, to painting in Art, to dressing up to act out plays in English and French. Life is never dull at the Heart

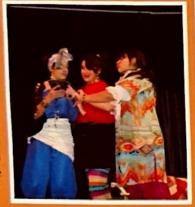
La Semaine de Français







Quatre cents ans, de quoi être fier! C'était le thème de la semaine de Français, qui débuta avec une saynète de Marie Noël, «Le sixième jour » et une pièce de théâtre de Marie Laugier, «Le chat assassiné». Le Cercle littéraire Barat commémorait le 400e anniversaire de la fondation de la ville de Québec. Les classes de français furent remplaçées par des jeux et des films. Une semaine bien appréciée des élèves.











rêves



actions



début



bravo

Sacred Agents@8
Robotics



















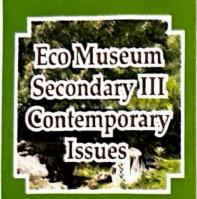




Video



Unfortunately, we were unable to procure a picture of the website team. However, we would like to acknowledge their participation in Robotics and their hard work. Great job girls!



















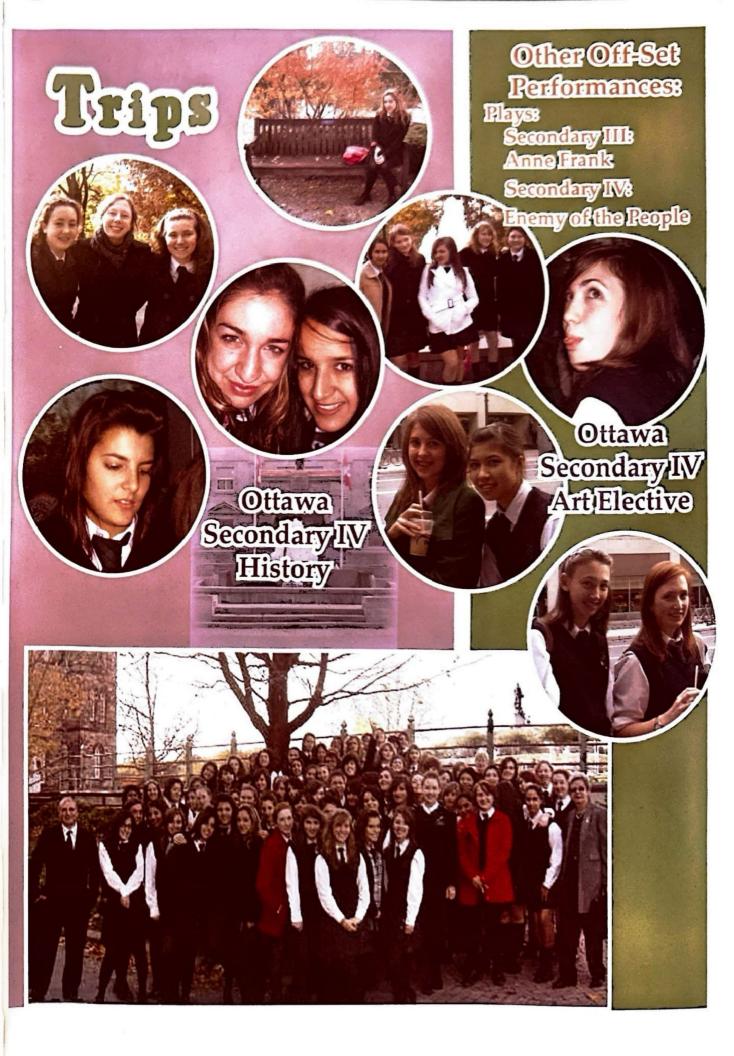


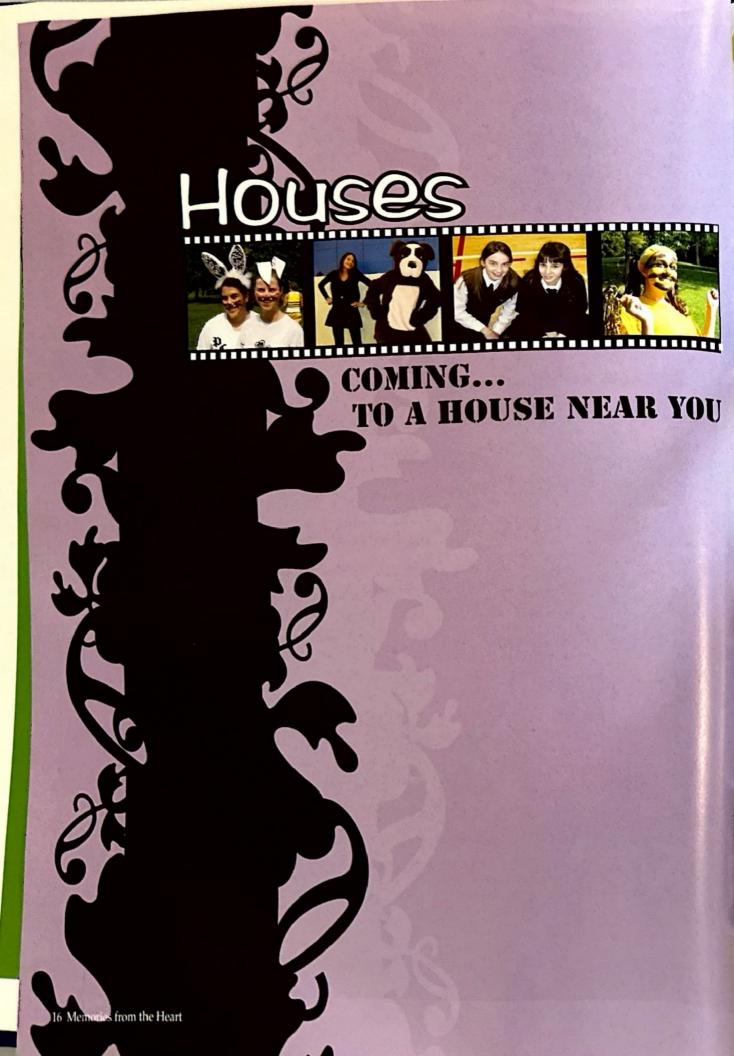


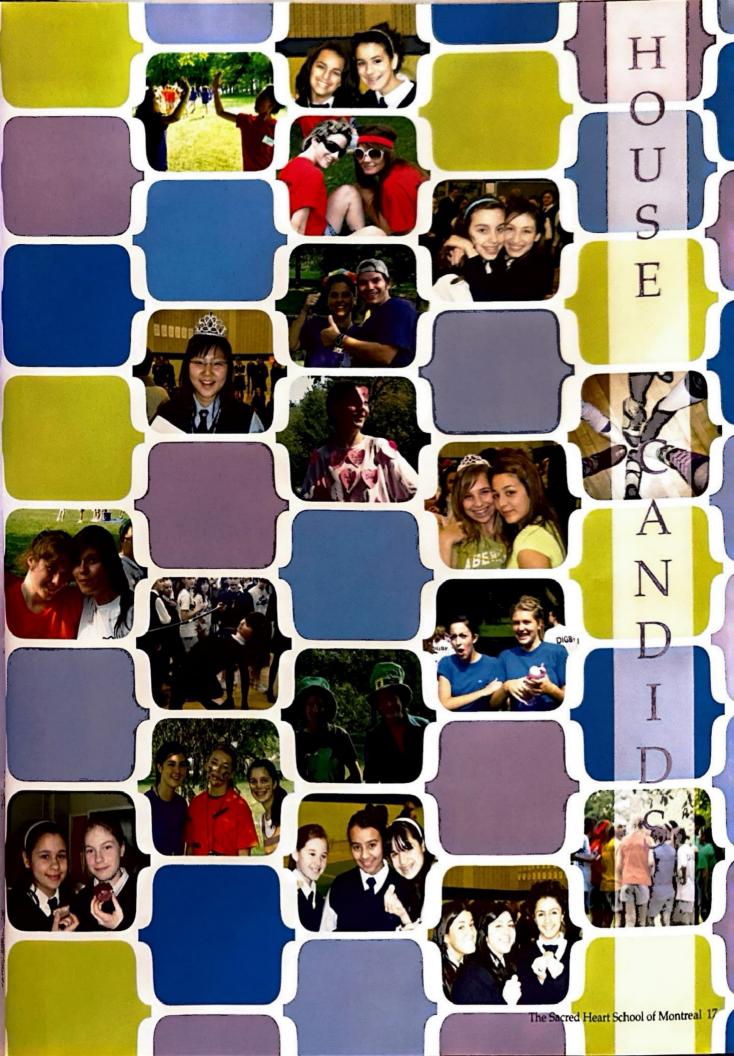












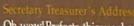
Sacred Ladies, you are so amazing! You were a great bunch; you always made us smile and feel special. We'll miss being your cheerleaders! Prefects, we made it through without too many bruises and scratches; we're so proud! Teachers, DT, thanks for your support and understanding. Sec Vs, sisters for life, you are the best of the best! What would we have done without you? Don't miss us too much Cassandra D'Ambrosio &











Oh, wow! Prefects, this year has been interesting...interesting and truly amazing! Thank you so much for being so awesome and helpful. But as wonderful as it was, I never want to see another dime. Ever. xox Pamela Caccese

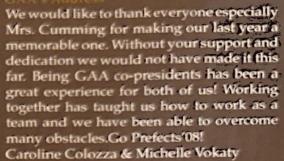




Student Council





















Co-captains:

Stephanie Courey-Aboud & Nina Toia

GAA Representatives:

Amanda Cardillo & Joy Kalafatidis





This year was amazing! Thanks to every Barat bear who always showed their spirit during the year. I am so proud of all of you and I feel really lucky to be your househead. Prefects '08 we rocked this school year! Thanks for the memories.Love you all. -Samantha

Mastromonaco











Digby

Co-captains:

Katherine Athanasopoulos & Jennifer Palermo

GAA Representatives:

Alison Barwick, Stephanie Christodoulopoulos & Cassandra Kouremenos













My year at Sacred meant even more to me, because I got to be Digby househead. It was so nice to get know more about you. Huge thanks to seven very special teachers and every single Digbianyou are just too amazing! Neverstop roaring! I'll miss you all!

-Rosa Lee

20 Memories from the Heart

Co-ca

Co-captains:

Alexandra Cerulli-Kanellopoulos & Katie Kotar

GAA Representatives

Elizabeth McDonald, Gabriella Michetti & Alexia Mitchell















Co-captains:

Virginie Lombardi-Lajoie & Vianna Yu

GAA Representatives:

Sarah Benoit, Stephanie Covello & Leia Pengelley

DuRousier



Dear bumblebees, I had a wonderful time being your house head! You are a great bunch of girls & our house is one of a kind. Always have fun, spirit, cheer as loud as you can & bee bumbleishious! Thanks Mme Mauri & my fabulous executive for all your help & advice. D-U-R-O-U-S-I-E-R let's go!
-Bianca Arciero











The Sacred Heart School of Montreal 21

Erin Brown-Vandercruys & Michelle Zakem

Chelsea-Ann Russo, Michelle Saikali & Taylor Wright-Connors

Hardey



Thank you to everyone in Hardey for being full of spirit and energy. You are the ones that keep the house together. Special big thanks to Mr. Laperle; you are a great house advisor. Fellow prefects, we did it! Thank you all for making this year great. - Chloe Russo











Co-captains:

Amanda Arella & Frédérique La Forge GAA Representatives:

Vanessa Paliotti, Kathleen Paradis & Laura Predan-Chauvin













Stuart

Co-captains:

Kelly Guy & Alessandra Traversari

Lauren Farmer & Georgia Tsotas





an amazing house and will miss you! My little sec oners, you guys are too cute. Sec II-2 years down, 3 to go! Sec III-1 it's your last year in Study hall, enjoy it! Sec IV-1 year left! Sec V... Ilove you. Teachers, thank you for all you've done. -Denise Garadjalou









Co-captains:

Cassandra Chase & Elena Motivans
GAA Representatives:

Rebecca Catellier, Joanna Santos & Luana Zappitelli



Dearest Trincanians, a whole year has passed and all I can say is that it has been truly magnificent! Being Trincano house head has been such a wonderful experience, I thank all of you for making it so. Your spirit and joy have made this year a success!

-Jessica Bindra









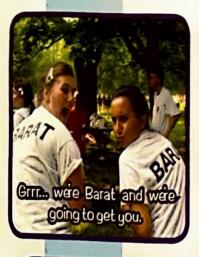


The Sacred Heart School of Montreal 23

Sports Dan

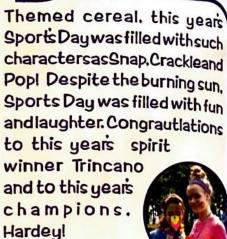




















Student Body



FEATURING... THE UNDERGRADS

The Sacred Heart School of Montreal 25



Secondary One

Jessica Abreu-Moore Amanda Alessi Kiana Araujo Isabella Arduini Jennifer Baldino Jennifer Baratang Junio Alexa Bedik

Maya Botti Stephanie Cabanas Sarah Carriero Sarah Carriero Katherine Chamandy Jasmina Ciccocioppo Gabriella Courey

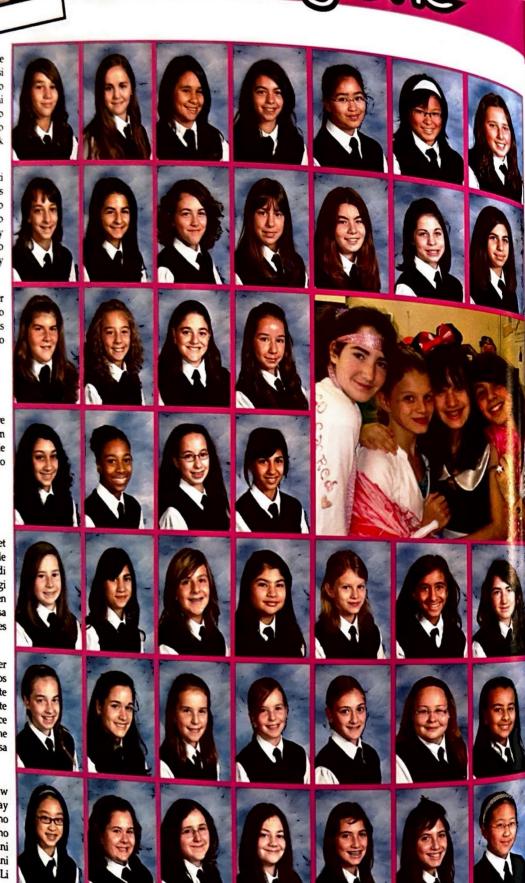
Sophie Cruvellier Olivia D'Ambrosio Alessia De Petris Diana Di Paolo



Mireille Forget Erika Gentile Isabella Girardi Maria Guadalupe Levaggi Ashley Hagen Hannah Hyde-De Sousa Cassandra Jones

Thea Koper
Elena Kratsios
Emily Kyte
Emma Kyte
Elyana Lafrance
Tewateroniakwa Lahache
Amanda Larosa

Candice Law Melissa Likoray Pamela Mannarino Sara Mannarino Michelle Mariani Olivia Mariani Lauren Maruya-Li



Class Of 2012: Best New Actresses































Secondary

Behind the scenes



















Secondary II



Andrea Angelini Kenzia Araujo Aline Asfour Amanda Atallah Deborah Athanasopoulos Alexandra Bergeron Liana Beyukian

Sarah Botting-Provost Victoria Brand Kathleen Brown-Vandecruys Gabrielle Bucaya Elizabeth Bureau Cassidy Burke Christina Caccese

> Kela Chamandy-Cook Meagan Coleman Allison Coull Ivana De Lauri Sara-Chanel Del Papa Laura Delucilla Julia De Petrillo

Eleni Diacoumacos Kathleen Dicaprio Cristina Di Censo Elisabeth Dimitratos Kristen Di Perno Gabrielle Fabre Nadia Floriani





Favortie Actress: Blake Lively



Favorite Actor: Zac Efron



class of 2011

Kimberly Fontes Clemence Forget Leeza Girolami Lauren Goforth Laura Griffin Teresa Griffin

Katherine Hayden Amanda Hindley Christine Horonowitsch Bernice Law Rachel Levesque Claudia Lucente

Elle Malon Elie Manousakis Iulia Martignetti Claire Messenger Vanessa Minicozzi-Capozzolo Natanya Momesso

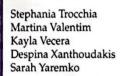
Pascale Nguyen Amanda Paliotti

Talia Paquet Denise Pehlivanian

Amanda Petropoulos **Emily Pimentel** Katarina Popovic Stéphanie Rafie Sarah Reusch Melanie Romer

Dahlia Segal Adrianne Silva Mélanie Sivapalan Maria-Christina Sorbo-Mayrand Chloé Sorella Chelsea Thompson Quartz







මමෙමමත්වමේ රූගම්හිතරේල්ගිහි වීමම

Secondary 2 Candids Estind the Scenes



Jenneau-Rollin

Julie Jenneau-Rollin is just like any other Sacred Heart girl, except for the fact that she's the young spokesperson for "Fondation des Etoiles", an organization that funds research for children's diseases.

When asked if she enjoys what she does, she said, "I like it because helping these kids means that maybe, one day, even I won't hve to live with diabetes anymore. I also get to meet a lot of new people." Julie is another example of the devotion of Sacred Heart girls.







Secondary

Andrea Abreu-Moore Jenna Albanese Lisa Alinauskas Sarah Attardo

Alison Barwick

Sarah Benoit

Sarah Berretta

Julia Chadwick

Stephanie Bordonaro Anna Cammisano

Pauline Belliveau



























































Christina Kontaxis Cassandra Kouremenos Maria Kyres Natasha La Rosa Alexandra Laurendeau









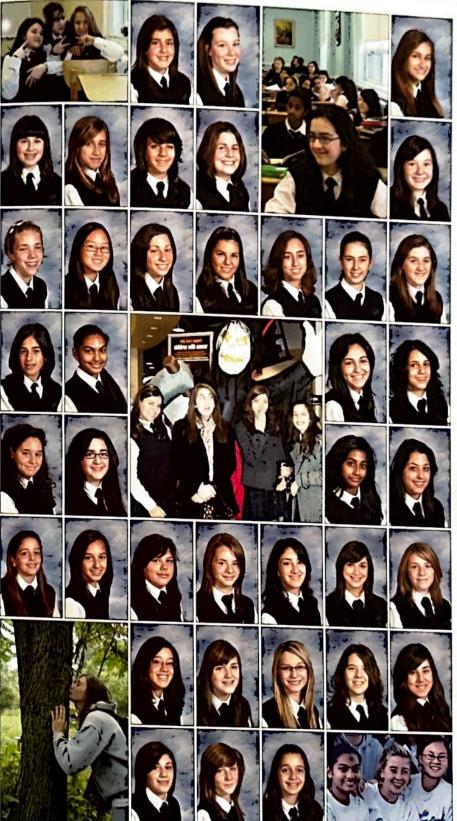






Best Onscreen

Class of 2010



Vanessa Liakopoulos Claudia Loffredo Marie-Hélène Maris

Anna-Frances Meyer Corina Micheletti Gabriella Michetti Alexia Mitchell Jessica Munro

Clare O'Donnell Kathleen O'Keefe Vanessa Paliotti Eleni Panaritis Kebsey-Hope Patrick Emily Perry Laura Predan-Chauvin

Claudia Pulice Aliyah Rahman Melina Randisi Bianca Ripolo

Teresa-Maria Rossignuolo Chelsea Russo Vyisnavy Sabaratnam Dalia Sabra

Michelle Saikali Soraya Sanchez-Dias Jessica Santillo Joanna Santos Jessica Sicoli Alexandra Snell Cynthia Snell

Melissa Spatolisano Taylor Teodori Marie-Christine Tiramani Esme Toussaint Georgia Tsotas

Natasha Vitale Carolynn Warnet Luana Zappitelli

Stefanfe Covello & Corina Micheletti



Corina Michetti and Stephanie Covello, two very talented skaters, partake in synchronized skating competitions. Participating in six competitions a year, they are constantly at the rink, practicing with their team.

In a recent competition, they placed 2nd and 4th. As Stephanie tells it, "It takes a lot of time. When it gets closer to competition we practice almost every day." It's a real commitment, but they love what they do and that's all that matters.

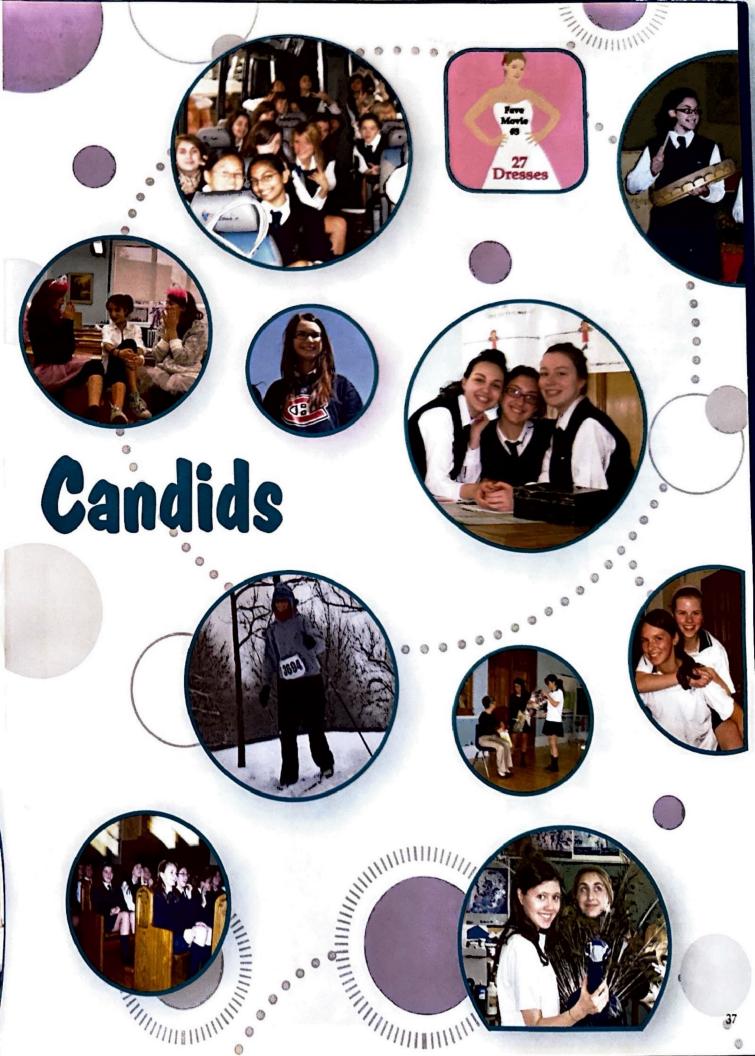


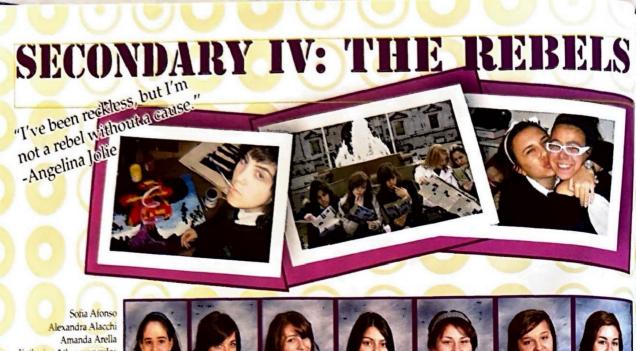




Performance







Katherine Athanasopoulos Julijana Benc Alexandra Boky Lia Borsellino

> Erin Brown-Vandecruys Meredith Burke Amanda Cardillo Emilie Caron Sandrine Cassis Rebecca Catellier Alexandra Cerulli-Kanellopoulo

Camille Chacra Garima Chopra StÈphanie Christodoulopoulos Bianca Cirillo Jessve Correia Samantha CUtÈ Julie Cruvellier

Cassandra D'Amico-Mazza **Emily David** Natalie Davis Alessia De Lauri Angelika Delormier Maj Kimberly Dextras-Romagnino Alessia Di Giorgio

> Carina Di Tomaso Melanie D'Itri Lauren Farmer Ashley Farthing Joanna Fragostefanakis Èmilie Fyfe Fabiana Ghaleb

Larysa Golymbiowsky Kelly Guy Julie Hanna **Emily Horonowitsch** Vanessa Italia Anne Kafka Nadia Kanji







































CLASS OF 2009



Shenilaa Karunakaran Amanda Khoury Katie Kotar Hava Koulenovitch Kristina Kwong Sandra Labbad Ashley Lanni

Alexandra Levy Alexandra Lewyckyj Virginie Lombardi-Lajoie Christina MacDougall Cailin Martin Elizabeth McDonald Sabrina Missori

Paola Morin Tamara Morrison Elena Motivans

Chrysten Newton Morgan Orcutt Spencer Orcutt

Gabriela Padvaiskas Jennifer Palermo Christina Paolucci Lauren Papalia Kathleen Paradis Leia Pengellev Natasha Pereira-Erskine

Ashlan Phillips Christina Rafie Tamara Rapattoni Jessica Lauren Sadko Anita Sarkissian Pauline Sasouni Sarah Segal

Nina Toia Cassandra Travaglini Jessica Tutino Zoe Vlogiannitis

MÈlissa Walsh Taylor Wright-Connors Michelle Zakem Hanieh Zargham

SECONDARY IV CANDIDS:

BEHIND THE SCENES

"She's a rebel, she's a rebel, she's a rebel, and she's dangerous."

-Green Day















































Fall Sports



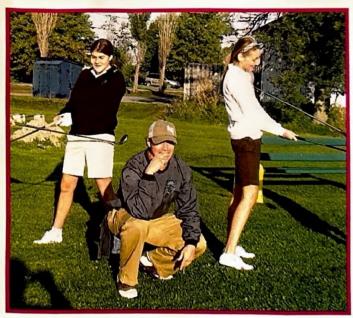
Bernice Law, Sophie Cruvellier, Jessica Hindley, Amanda Hindley

Coach: Mr.Pagé

Results: Finished 4th as a team; had a great season.

My life without sports: boring and incomplete. Sports are a great way to have fun with your friends, get some

exercise and miss some class. It is always exciting to be on a winning team and throughout my four years, I have made so many memories that will last me a lifetime.





Erin Brown-Vandecruys, Stephanie Courey-Aboud, Brooke Deer, Kayla Di Gaetano, Victoria Di Valerio, Alexandra English, Katie Kotar, Frédérique LaForge, Vanessa Paliotti, Kelsey-Hope Patrick, Christina Paolucci, Ashlan Phillips, Nicole Tieman, Sarah Turcotte, Taylor Wright-Connors

Assistants: Ms. Arseneault & Mr. Reda Coach: Ms. Brown



Alison Barwick, Sarah Benoit, Maya Botti, Caroline Colozza, Kayla Di Gaetano, Sofia Di Girolamo, Caitlin Dixon, Alexandra English, Alissa Fiorito, Kristina Fryml, Taylor Gormley, Julie Jenneau-Rollin, Emma Kyte, Kathleen O'Keefe, Spencer Orcutt, Deidra Robertson-Chois, Marianne Roaldi, Lauren Samo, Kylie Sura, Teresa Sweet, Gina Tsotas, Michelle Vokaty

Coaches: Mme. Belfort & Mme. Talbot

Softball: Made it to quarterfinals; had a great season.

Cross-Country Running: Bantam: 5th Midget: 1st Juvi: 1st







Meagan Coleman, Sara-Chanel Del Papa, Kimberly Fontes, Emily Pimental, Chloe Sorella, Isabella Arduini, Diana DiPaolo, Elayna Lafrance, Natanya Momesso, Emma Pallay, Marina Preziuso, Christia Scalia, Sara Yaremko, Victoria Mili, Katherine Hayden

Coach: Mr. Gallo Assistant: Mrs. Barbagallo



Cassidy Burke, Olivia D'Ambrosio, Kirsten Di Perno, Laura Delucilla, Claudia Di Salvatore, Erica Gentile, Teresa Griffin, Lauren Goforth, Amanda Hindley, Thea Koper, Caitlin Matthew, Sarah Murphy, Claudia Salvo, Lauren Samo, Adrienne Silva, Angelina Smolynec

Coach: Ms. Vaupshas







Andrea Abreu-Moore, Alexandra Cerulli-Kanellopoulos, MorganaClarke, Jessica Colavincenzo, Kyrstin Coughlin, Soraya Dias-Sanchez, Amanda Jeanson, Gabrielle Michetti, Clare O'Donnell, Kathleen O'Keefe, Claudia Pulice, Michelle Saikali, Joanna Santos, Melissa Spatonlisano, Cynthia Snell, Zoe Vlogiannitis

Coach: Mrs.Cummings Assistant: Ms.Dyer



Alessandra Arduini, Amanda Aziz, Amanda Cardillo, Caroline Colozza, Angela Cristiano, Cassandra D'Ambrosio, Kimberly Dextras-Romagnino, Carina Di Tomaso, Lauren Farmer, Elizabeth McDonald, Chelsea Ohayon, Chloe Peterson-Beaudoin, Gabriela Padvaiskis, Kathleen Paradis, Jessica Lauren Sadko, Michelle Vokaty

Coach: Mr. Griffin



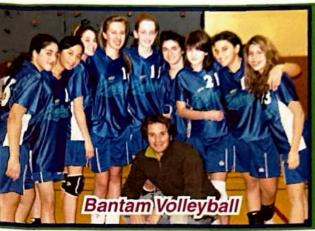






Volleyball

Marianne Roaldi, MVP, Championship Game

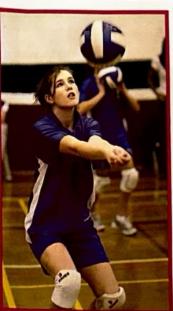


Jessica AbreuMoore, Aline Asfour, Sarah BottingProvost, Alexandra
Bergeron, Christine
Horonowitsch,
Claudia Lucente,
Julia Martignetti,
Pascale Nguyen,
Stephanie Rafie

Coach: Mr.Pagé

I first tried out for the volleyball team in September 2004. It was a "spur of the moment" decision but I actually made the team and I ended up really liking volleyball. I liked the fact that it was a team sport. I enjoyed the competitiveness

of the games. That first year, we made it to the championship game, but we lost because the referee made bad calls. I never forgot the loss and I wanted to keep on playing volleyball to prove that the Saints could be the GMAA Champions. This year, it happened, the Sacred Heart Juvy Volleyball Team won the Championship game. It felt great!







Jenna Albanese, Sarah Berretta, Amanda Cordeiro, Julia Elie-Leonard, Kelly Guy, Emily Horonowitsch, Christina Kontaxis, Christina MacDougall, Chelsea Russo, Jessica Sicoli

Coach: Mr. Kousik Supervisor: Ms. Antonini



Lia Asquini, Sandrine Cassis, Caitlin Dixon, Leizl Lee, Alexandra Michailuk, Tamara Morrison, Leia Pengelley, Marianna Roaldi, Chloe-Lynn Russo

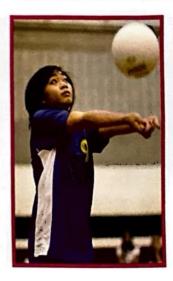
Coach: Ms.Neeff

Division 1 GMAA Champions

Soccer team results:

Bantam (Private School)- Made
it to semi-final
Bantam (GMAA)- Finished 4th
in the season.
Midget- Division 3 GMAA
Champions
Juvenile- Made it to the quarterfinal
Volleyball team results:

Bantam- made it to semi-final Midget- made it to semi-final Juvenile- Division 1 GMAA Champions





What is there to say about Ms Sarah Neeff, winner of the "Coach of the Year Merit Award"? Apart from the fact that she was a strong supporter of the Physi-

I've answered my own question, ing individual who will contribute Surrounded by loving students at the Heart, Ms Neeff showed the prerequisites required to be nominated for this outstanding award. But how does one receive this honorable prize? Well, as the recipient of this award, Ms Neeff had to be teaching in the GMAA for at least ten years, involving herself in at least two sports. Her name was thus put forth And remember, "SACRED GIRLS as a nomination by Mrs. Brooks, NEVER GO OUT OF STYLE!" and along with another coach, the GMAA Association chose the one Lauren Farmer and only, Ms Sarah Neeff. And what a choice they made.

Sarah Neeff, who is leaving us for cal Education Program, she was also a Miss Edgar's and Miss Cramps' competitive, adventurous, hilarious, School, will make a great addition to enthusiastic and gregarious person to their community. They will be very be with, Ms Neeff... Oh wait, I think fortunate to have such an outstand-

great things such as team spirit and her incredible passion for teaching When asked who she would rathe see win in a basketball game between Sacred and ECS, Ms Neeff replied "Well, if it was my team at EQ then I would definitely want ECSto win. But I wouldn't mind losing to Sacred." We will miss you Ms Neefe

- Alex Cerulli, Katie Kotar and





Kathleen DiCaprio, Kristen Di Perno, Sara-Chanel Del Papa, Laura Delucilla, Kimberly Fontes, Lauren Goforth, Teresa Griffin, Elle Malon, Stephanie Rafie, Hannah Ryan, Lauren Samo, Melanie Siyapalan Coach: Mrs. Cumming

Assistant Coach: Sophie Grigoropoulos



Andrea Abreu-Moore, Kyrstin Coughlin, Fabiana Ghale Amanda Jeanson, Cassandra Kouremenos, Alexia Mitch Clare O'Donnell, Michelle Saikali, Joanna Santos, Taylor Wright-Connors, Luana Zappitelli

Coaches: Ms Dyer and Mr. Van der Wee







Rebecca Catellier, Cassandra D'Ambrosio, Kimberly Dextras-Romagnino, Kayla DiGaetano, Lauren Farmer. Chloe Griffin, Virginia Lombardi-Lajoie, Elizabeth McDonald, Gabriela Padvaiskas, Tiffany Piergiovanni, Michelle Vokaty

Coach: Ms Neeff









Football



Kela Chamandy-Cook, Jasmina Ciccocioppo, Megan Coleman, Sara-Chanel Del Papa, Laura Delucilla, Kristen Di Perno, Eleni Diacoumacos, Lauren Goforth, Amanda Hindley, Christine Horonowitsch, Sarah Murphy, Emma Pallay, Claudia Salvo, Lauren Samo, Mélanie Sivapalan, Sarah Yaremko

Coaches: Mr. Reda & Mr. Gallo







Cynthia Snell, Cassandra Kouremenos, Michelle Saikali, Kyrstin Coughlin, Morgana Clarke, Clare O'Donnell, Alison Barwick, Alexia Mitchell, Andrea Abreu-Moore, Melissa Walsh, Carina Di Tomaso, Rebecca Catellier Coaches: Mr. Pagé and Ms. Neeff



Caroline Colozza, Alexandra Cerulli-Kanellopoulos, Cassandra D'Ambrosio, Kimberly Dextras-Romagnino, Kayla Di Gaetano, Chloe Griffin, Alexandra English, Lauren Farmer, Elizabeth McDonald, Chelsea Ohayon, Gabriella Padvaiskas, Marianne Roaldi, Michelle Vokaty Coaches: Mr. Cumming and Mr. Griffin







The Sacred Heart School of Montreal 47



Bantam: Alexa Eberle, Thea Koper, Caitlin Matthew, Elizabet Bureau, Melanie Romer, Christina Di Censo Midget: Pauline Belliveau, Taylor Gormley, Alison Barwick, Julia Chadwick, Gabrielle Colacci, Georgia Tsotsas, Claudia Pulice, Maria Eberle, Vyisnavy Sabaratnam, Aliyah Rahman Coaches: Mrme. Belfort & Mrme. Talbot



Bantam: Kathleen Brown-Vandecruys, Sarah Yaremko, Victoria Brand, Marlena D'Ambrosio, Rachel Levesque, Sophie Cruvellier, Jasmina Rach, Kylie Sura, Sarah Murphy, Erika Gentile, Jenna Novostad, Leeza Girolami, Adrianne Silva, Elizabeth Bureau, Victoria Brand. Midget: Meredith Burke, Elyssa Gentile, Alison Barwick, Sarah Benoit, Joy Kalafatidis, Erin Brown-Vandecruys, Julijana Benc, Victoria Di Valerio. Juvi: Teresa Sweet, Michelle Vokaty Coaches: Ms. Armstrong & Ms. MacIntosh





Bantam: S. Rafie, C. Salvo, A. Smolynec, L. Goforth & C. Sorella, J.Martignetti & R.Levesque, P. Nguyen & B. Law, M. Botti&E. Kyte, C. Law & L. Maruya – L. Midget: L. Pengelley, S. Missouri, C. Russo, T. Morrison & K. Paradis, R. Iydurai & V. Paliotti, J. Jenneau-Rollin & A. Laurendeau. Juvenile: L. Asquini, K. Kotar, V. Yu, F. La Forge & C. Russo, C. Colozza & M. Roaldi, E. Fyfe, C. Mac Dougall, E. Brown-Vandecruys



Sports Banquet



Our GAA Co-Presidents organized a great evening for all!

The guest speaker at this year's Sports Banquet was none other than Chris Blanchard, the Olympic Cross-Country Skier. His words of wisdom provided this years' athletes with motivation and encouragement to continue working hard.



Michelle Vokaty won the Senoir Athletic Award for the 2007-2008 school year. An MVP from every sports team was recognized. It was the perfect opportunity to have our wonderful athletes recognized for their hard work and dedication to Sacred Heart sports teams throughout the year.







Spring Sports



Bantam: Maya Botti, Kathleen Brown-Vandecruys, Christina Caccese, Eleni Diacoumacos, Emily Kyte, Rachel Levesque, Melanie Sivapalan, Maria-Christina Sorbo-Mayrand, Kylie Sura, Nina Zampogna

Nina Zampogna
Midget: Amanda Arella, Alison Barwick, Sarah Benoit, Erin
Brown-Vandecruys, Stephanie
Christodoulopoulos, Jessica Colavincenzo, Kristina Fryml, Emilie
Fyfe, Julie Hanna, Joy Kalafatidis,
Elizabeth McDonald, Gabriella
Michetti, Spencer Orcutt, Gabriela Padvaiskas, Vanessa Paliotti,
Christina Paolucci, Melissa Spatolisano, Taylor Wright-Connors
Juvenile: Caroline Colozza, Sofia
Di Girolamo, Caitlin Dixon, Frederique La Forge, Marianne Roaldi,
Teresa Sweet
Coach: Mme. Belfort





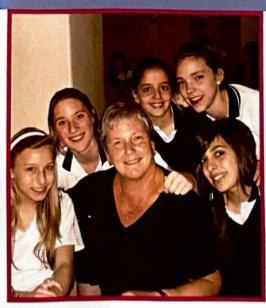


Melanie D'Itri, Camille Chacra, Poala Morin, Emily David, Alexandra Alacchi, Julie Hanna, Marie-Christine Tiramani, Anna Cammisano, Joy Kalafatidis, Jessica Colavinvenzo, Cynthia Snell, Corina Micheletti, Stéfanie Covello, Alison Barwick, Sarah Benoit, Kathleen O'Keffe, Luanna Zappitelli, Marie Eberle, Claudia Pulice, Kathleen Brown-Vandercruys, Rachel Levesque, Sarah Yaremko, Kimberly Fontes, Launa Delucilla

Coaches: Ms. Cardillo & Ms. Macintosh

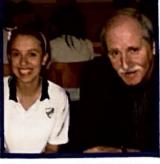


Bantam: Aline Asfour, Teresa Griffin, Claudia Lucente, Lauren, Maruya-Li, Stephanie Rafie, Deidra Robertson-Chois, Laurine Verwiel. Midget: Meredith Burke, Morgana Clarke, Taylor Gormley, Gabriella Michetti, Eleni Panaritis, Kathleen Paradis, Michelle Sakali. Juvenile: Lia Asquini, Amanda Aziz, Samantha Coté, Erica Deutschman, Chloe Griffin, Katina Goulakos, Michelle Zakem Coaches: Mr. Asquini, Mme. Morrisseau





















There is always something to do and someone in need of a helping hand. The whole year through is absolutely draining; but by the end everything is worth it. From all the hard work, the sleepless nights, the laughter and the tears, the memories gained are priceless.









The Feature Presentation



Katherine Chamandy, Cassandra Jones, Amanda Larosa, Alexina McLeod, Georgia Therriault, Laurine Verwiel

Advisor: Ms. Arella



Amanda Aziz, Pauline Belliveau, Lia Borsellino, Alexandra Ruffolo, Bianca Cuffaro, Amanda Cardillo, Sheila Canlos, Cassandra D'Ambrosio, Marlena D'Ambrosio, Victoria Di Valerio, Cassandra Giaccari, Leeza Girolami, Amanda Hajaly, Emma Hannouche, Nadia Kanji, Caitlin Kilmartin, Emily Kyte, Alexandra Levy, Claudia Lucente, Cailin Martin, Kelsey-Hope Patrick, Karimah Rahman. Victoria Sarker, Dahlia Segal, Elisabeth Dimitratos, Alexandra Snell, Maria-Christina Sorbo-Mayrand, Esme Toussaint

Advisor: Ms. Gendron

The Beat

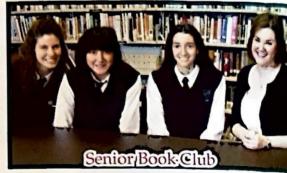
Amanda Arella, Pauline Belliveau, Meredith Burke, Alessia Di Giorgio, Emily Horonowitsch, Kathryn Kotar, Elizabeth McDonald, Christina Paolucci, Hanieh Zargham

Advisor: Ms. Arella

Model UN

Alex Lewyckyj, Jennifer Palermo, Kelly Guy, Emily Horonowitsch, Christina Paolucci, Amanda Arella, Katherine Athanasopoulos, Joanna Fragostefanakis, Nadia Kanji, Julie Jenneau-Rollin, Nina Toia, Cassandra Kouremenos, Kyrstin Coughlin, Cynthia Snell, Gabriella Michetti, Dalia Sabra, Sarah Benoit, Emily Perry, Stephanie Christodoulopoulos

Advisors: Mr. Beauvais & Mr. Gallo



Lia Asquini, Yukiko Evoy, Frédérique La Forge Advisor: Ms. Armstrong



Nadia Floriani Advisor: Ms. McIvor



Lia D'Abate, Ashley Lanni, Alexandra Lewyckyj, Karimah Rahman

Advisor: Mr. Bordonaro







Emilie Caron, Nadia Kanji, Jessica Tutino Advisor: Ms. Gendron



Olivia Kuzyk, Alexandra Uva, Secondary II volunteers

Environment/Recycling Club

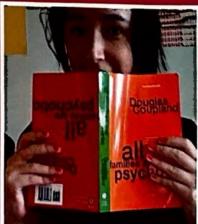
Advisor: Mr. Laperle



Alexandra Chloé Alacchi, Amanda Arella, Elizabeth Bureau, Rebecca Catellier, Morgana Clarke, Lia D'Abate, Laura Delucilla, Alessia Di Giorgio, Kristen Di Perno, Fabiana Ghaleb, Kathryn Kotar, Chelsea Thompson Quartz, Hanieh Zargham

Advisor: Mr. Judson







Lia D'Abate, Olivia Durand, Alexandra English, Erica Franchi, Denise Garadjalou, Katina Goulakos, Alexandra Lewyckyj, Karimah Rahman

Advisor: Mr. Gallo



Amanda Arella, Meredith Burke, Garima Chopra, Anna Camminano, Alessia Di Giorgio, Erica Franchi, Amanda Hindley, Emily Horonowitsch, Cassandra Jones, Alexandra Lewyckyj, Claudia Lucente, Elie Manousakis, Julia Martignetti, Caitlin Martin, Anna Frances Meyer, Victoria Moli, Jessica Munro, Spencer Orcutt, Eleni Panaritis, Christina Paolucci, Tiffany Piergiovanni, Kaylie Sura, Alessandra Traversari, Georgia Therriault, Jessica Tutino, Alexandra Uva, Despina Xanathoudakis

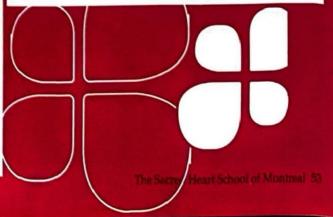
Advisor: Ms. McNamara

Literary Magazine

Deborah Athanasopoulos, Katherine Athanasopoulos, Jessica Bindra, Rebecca Catellier, Joanna Fragostefanakis, Claudia Loffredo, Elena Motivans, Melina Randisi, Cynthia Snell, Nina Toia, Georgia Tsotas, Michelle Zakem, Hannieh Zargham Advisor: Ms. Armstrong

Junior Debating Club

Pauline Belliveau, Julie Jenneau-Rollin, Cassandra Jones, Christina Kontaxis, Maria Kyres, Chelsea Russo, Victoria Sarker, Georgia Therriault, Georgia Tsotas, Joanna Tsotas



Playing the soundtrack to our movie





VocallEnsemble

Sarah Attardo, Samantha Backman, Kerry Mae Blake-Savery, Pamela Caccese, Lia D'Abate, Brooke Deer, Victoria Di Valerio, Ashley Grace Farthing, Kristina Fryml, Rajitha Iyadurai, Tatiana Kalantzis, Cassandra Kouremenos, Ashley Lanni, Rosa Lee, Vanessa Paliotti, Kelsey-Hope Patrick, Chelsea Russo, Chloe Russo, Esme Toussaint, Cassandra Travaglini

Jazz Vocal Ensemble

Sarah Attardo, Samantha Backman, Kerry Mae Blake Savery, Pamela Caccese, Lia D'Abate, Brooke Deer, Victoria Di Valerio, Rajitha Iyadurai, Rosa Lee, Yanessa Paliotti, Kelsey-Hope Patrick, Chelsea Russo, Chloe Russo, Esme Toussaint



Litturgleal Choir

Lisa Alinauskas, Sarah Attardo, Pamela Caccese, Garima Chopra, Lia D'Abate, Brooke Deer, Sofia Di Girolamo, Claudia Di Salvatore, Victoria Di Valerio, Kristina Fryml, Teresa Griffin, Julie Jenneau-Rollin, Caitlin Kilmartin, Cassandra Kouremenos, Kristina Kwong, Maria Kyres, Rosa Lee, Tamara Morrison, Elena Motivans, Jessica Munro, Vanessa Paliotti, Kelsey-Hope Patrick, Laura Predan-Chauvin, Claudia Pulice, Marianne Roaldi, Chelsea Russo, Chloe Russo, Alex Snell, Cynthia Snell, Teresa Sweet, Esme Toussainte, Gina Tsotas, Natasha Vitale



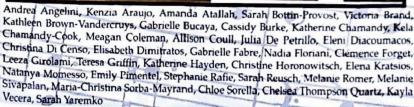






















Alexandra Alacchi, Lisa Alinauskas, Amanda Arella, Sarah Attardo, Samantha Backman, Alyssa Baldoni, Alison Barwick, Chelsea Brossard, Erin Brown-Vandecruys, Kathleen Brown-Vandecruys, Amanda Coredeiro, Stefanie Covello, Lia D'Abate, Veva Diaz, Angela Di Benedetto, Sofia Di Girolamo, Caitlin Dixon, Maria Loren Eberle, Kristina Fryml, Fabiana Ghaleb, Larysa Golymbiowsky, Taylor Gormley, Julie Jenneau-Rollin, Joy Kalafatidis, Christina Kontaxus, Rosa Lee, Alexandra Levy, Alexandra Lewyckyj, Anna Frances Meyer, Corina Micheletti, Alexia Mitchell, Elena Motivans, Kelsey-Hope Patrick, Leia Pengelley, Claudia Pulice, Melina Randisi, Marianne Roaldi, Chelsea Russo, Chloe Russo, Hannah Ryan, Michelle Saikali, Melissa Spatolisano, Esme Toussaint, Gina Tsotas, Natasha Vitale, Michelle Zakem



Sarah Attardo, Samantha Backman, Alison Barwick, Erin Brown-Vandercruys, Angela Di Benedetto, Caitlin Dixon, Kristina Fryml, Fabiana Ghaleb, Larysa Golymbiowsky, Rosa Lee, Alexandra Levy, Anna Frances Meyer, Leia Pengelley, Marieanne Roaldi, Chelsea Russo, Chloe Russo, Esme Toussaint, Gina Tsotas, Michelle Zakem





The Sacred Heart School of Montreal 55











Our gorgeous musical cast has been all around! Junior Band went to Ottawa, while Vocal Ensemble and Concert Band enjoyed a trip to Boston. In Ottawa, the Junior Band was invited to go to Nationals. In Boston, Vocal Ensemble won Gold and the Concert Band and won Silver. Congratulations on the wonderful work, ladies, and a big thank you to Ms. Martel & Ms. Walsh for all their hard work.





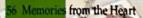


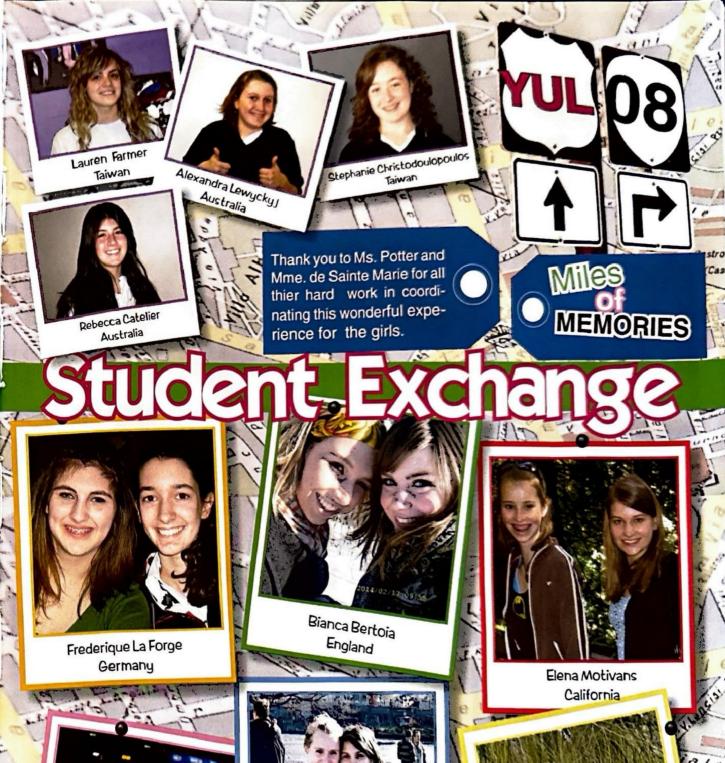














New Jersey

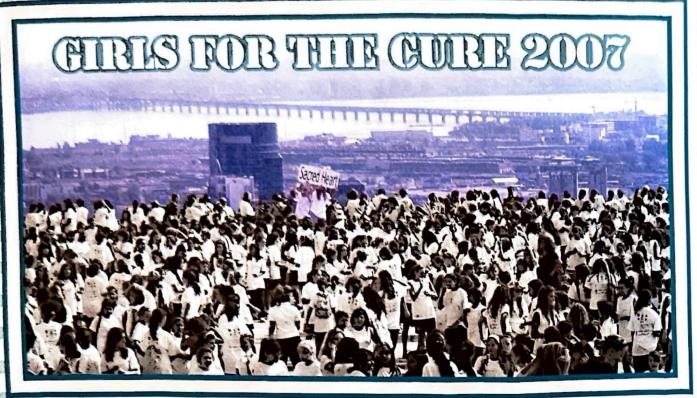


Sofia Di Girolamo Australia



The Sacred Fluart School of Mortheal; 57,

Castr



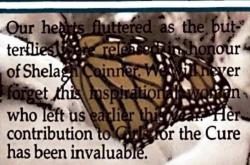


This year, \$100 000 was raised for the St. Mary's Hospital Foundation. Another successful year brings us one step closer to finding a cure. Never underestimate the effects of girl power! "Baby raise money, raise money, raise more!"























The air was filled with fright and fun during out 2008 Spirit Day. All kinds of spirited cheerleaders roamed the halls. The whole school cheered on as the Sec Vs challenged the teachers to a game of ultimate frisbee in the gym. Give me an 'S', give me a 'P', give me an 'IRIT' ...'GO SPIRIT!'























Another Christmas, another year of spreading the spirit with Christmas Baskets. Each homeroom collected food for their family and were more than generous. We have made Christmas a special time for many needy families in the Montreal area.









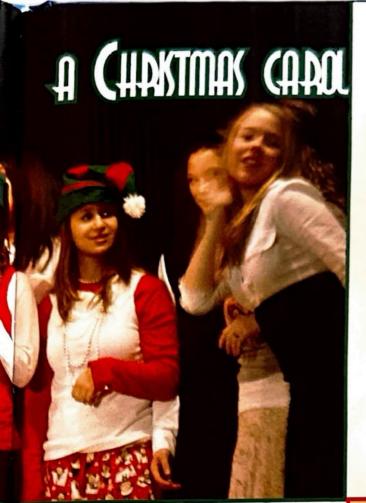


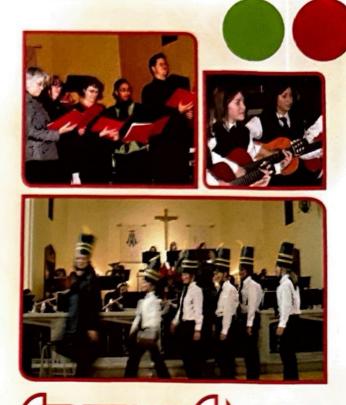
This year, Christmas Wishes told stories of magical elves with their poisoned cocoa, a little angel who didn't fit in and a heartwarming story showing us the importance of family. This year's theme of community was a great success. Two thumbs up!











2007 CERTING CHEET IS-A

Another successful concert for Sacred Heart's most celebrated musicians! Ms. Martel's Vocal Ensemble sang such Christmas favourites as Do You See the Star? and the new Vocal Jazz Ensemble sang A Christmas Song. We even had the privilege to hear the Guitar Ensemble play Joy to the World. Once again, Ms. Walsh's Concert Band astounded us with Christmas Time is Here and we were pleased to hear the Junior Band play Joyful and Triumphant. We were glad to see our adorable Wooden Soldiers, led by Caitlin Kilmartin, dance for us. Even the Jazz Band made an appearance with Holiday Jam. To top it off, the ever popular Teacher's Choir entertained us with a medley of Christmas Is and The Christmas Song. This concert, featuring the Sound of Angels, was one that will

be remembered for years to come.



DERROTE









Teacher Appreciation Week came to an end with once again a very extravagant show. It truly does get better every year. The skit combined elements from our favourites: The Breakfast Club, Napolean Dynamite, Mean Girls and many more. All of the dancers and singers were exceptionnally talented. And how funny was the Spice Girls finale? Afterwards, Alexandra English delivered her very touching vice-president's speech. It even made some of the Secondary Vs tear up. Congratulations to everyone who was in the show and a big thank you to Ms. DelTorto and Ms. Arseneault for making this year's Dashabustadd possible!



CANDIDS

Teachers, wou put the leader in cheerleader, and for that you.































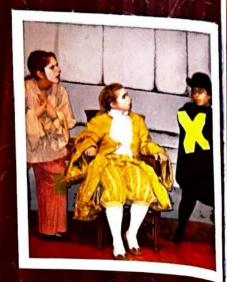








The Comedy of Love and War







The ever-popular City House Players, directed by Ms. Arsenault, presented The Comedy of Love and War. The Players, all Seconday V Drama elective students, once again exceeded our expectations. This production was one not to be missed.







THE CITY HOUSE PLAYERS





Arts







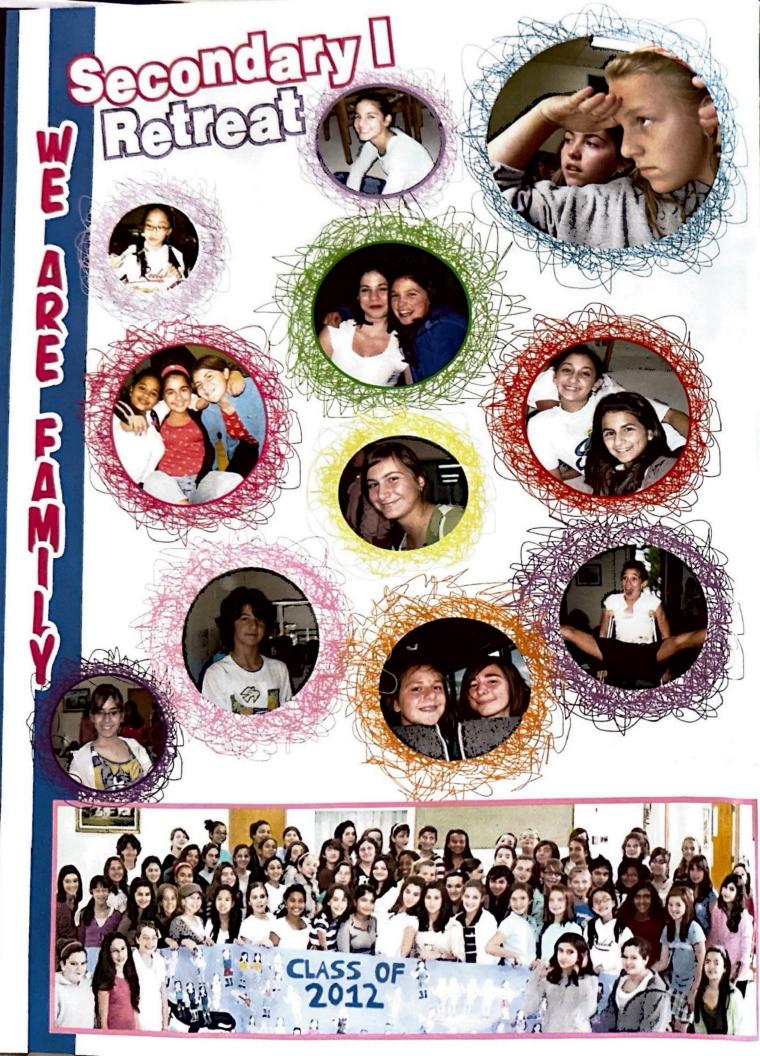
Strawberry Fields Forever

This year's Arts Festival brought us across the border to New York City. We were able to visit the Metropolitan Museum of Art, the Musuem of Modern Art (MoMA), Clementine, and Madame Tussaud's Wax Museum. Without leaving the comfort of the Reception Room, we were brought to Central Park and the Central Park Zoo; we saw Madison Square Garden; we took a walk down Wall St and were enchanted by the sights and sounds of Broadway. A huge thank you to Ms. Gendron, Ms. Harris, the Art Committee and all of the talented artists.





WELCOME TO NEW YORK





Our secondary two retreat was a wonderful experience. We analyzed the concept of good and evil. We also watched a very cute movie about ghosts that watch over a little boy. It was inspirational and taught us that everyone has a purpose in life.

Bernice Law & Emily Pimentel





















The Miracle That is You

















"The child must know that she is a miracle, that since the beginning of the world there hasn't been, and until the end of the world there will not be, another child like her."

- Pablo Casals



"I think that I'm God's instrument – that He's gonna use me to carry out His plan."

- Simon Birch













Sec IV RETREAT

alwavs thought of myself as a house. I was always

what I lived in. It didn't need to be big. It didn't need to be beautiful, it just

needed to be mine. I became what I was meant to be.
I built myself a life. I built myself a house.

- Life as a Elouse



"YOU ARE YOUR OWN HOUSE...UNIQUE"





































Venice

Florence

Sienn

San Gimignano

Sorento

Pompei

Rome

















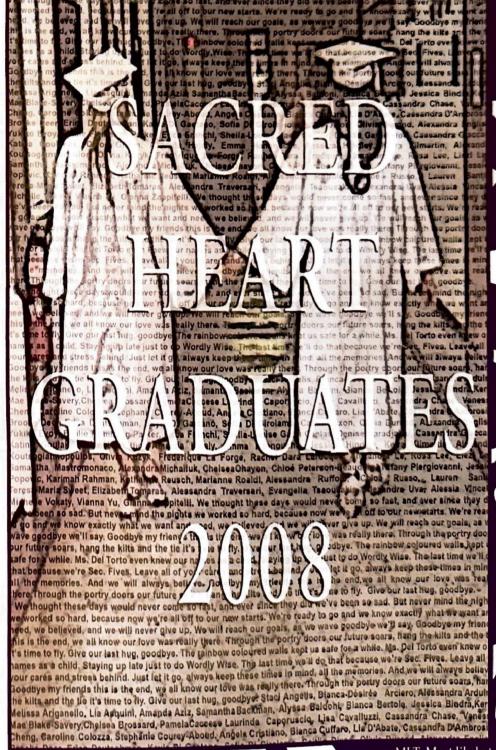
Graduates











Stacy Angelis



Congratulations Class of '08! We finally did it! Thank you mom, dad, Nicholas, and Diana, who are my love and support. To my friends, I love you all. You made these five years amazing. These memories will last a lifetime.

MLT: trip while standing still.

Bianca Arciero

Ladies, be it braces, parties, bad tests, great trips, Stratford, sweet 16s, Robotics or highlighter fights, we did it together! Prefects '08, ABC2 +EF, I love you. B: together for 5 years, so many memories. Thank you teachers, you were awesome. Go DuRou! Forever & ever the grads of '08!!



MLT: be the star of a comedy club for people with bad comebacks.

Alessandra Arduini

Five years already! All my friends, you are amazing. You've all given me the best memories anyone could ever ask for. Lunch Table '08, you girls are like sisters, I love you & thank you. Cardz bff, I'll miss you. Grads of '08, this is it; we made it.



MLT: show up at her own wedding wearing a mini skirt.

Melissa Ariganello



Congrats to the class of '08!

Mom & Dad thanks for all your support and love given to me throughout my high school years. To all the teachers, thank you for your guidance. "The future is a convenient place for dreams."

Anatole France

- La Vita Bella

MLT: get married to Orlando Bloom, and bring back The O.C.

Lia Asquini



Hasitbeen five years already? I will never forget all the amazing memories: laughs in French class, vball gold, Stratford, lunch conversations, forked pizza... Thanks to all my friends JB, AE, MV, TS, MR, CC, SD and many more. I love you all. You guys made it great!

MLT: try to become a model but be rejected because her IQ is too high.

Amanda Aziz

Congratulations Grads of '08! Mom, Dad, Tiff, Mike thanks for the support. ES for life. To all my close friends, you know who you are. "Through the good, the bad, the ups and the downs I'll still be here for you." EH+LC=sisters for life. MS Big Bro for life. WE MADE IT!



MLT: get arrested for stalking Beyoncé, and yel at the officer "But I don't get it!"

Samantha Backman



Perversely, part of me wishes to stay here yet part of me can't help but be anxious for the future and my endeavours. To my teachers and peers, whose support, lessons and memories are invaluable as I set out on the journey of life, thank you and I'll miss you.

MLT: go trick-or-treating until she's 92.

Alyssa Baldoni

Congrats to the Grads of '08! So many great memories & great friends that I'll never forget.N.P, J.P.S, E.F.P, L.L, S.L, Y.E, R.D.L, A.L. Thank you for always being there for me through thick and thin. Thank you Mom, Dad, Lena, Grandma, Mark. Ilove you all



MLT: get distracted at my own wedding, probably during the vows.

Bianca Bertoia

"Wherever you go, go with all your HEART. "BTL-the sisters I never had, forever doesn't come close. B: 5 years. JBKmornings. 09/94. Girls, you made it what it was; I love you all. I'll never forget a minute of it. It's time to hang up the uniform, but this is only the beginning...



MLT: move to New York City and spend her life savings in 5 minutes.

Jessica Bindra



"Make the most of yourself, for that is all there is of you."
Ralph Waldo Emerson. Grads of '08, thanks for keeping it real! These last five years have been truly amazing and unforgettable. To all my FRENDS <3, thanks for the great memories. I love you all! Bonne Chance!

MLT: work in a candy store, eat all the sweets herself, & easily convince her boss the candy was stolen.

Kerry Blake-Savery



Wasn't it just yesterday that I walked through those famous Penfield doors? Great times: vocal, retreats, trip to Ottawa (during the farmer's protests), Stratford (ohthememories made at the Festival Inn!), and Toronto ... it rocked. A special thanks to mom, dad and my fellow grads. I couldn't have done it without you!

MLT: fall off the face of the earth by defying gravity, write a sequel to Wordly Wise and live in a tree top loft.

Chelsea Brossard

Thanks mom, dad & Sarah for putting up with me! TLC4LIFE CD AH SC TP LS: you are unforgettable, you guys are like sisters & complete me. Congrats on finally unbuttoning those collared shirts & facing the scary life that lies beyond those Dr. Penfield doors!



MLT: show up late with wet hair to her own Hello Kitty themed wedding, walk down the aisle to the O.C theme songs, and sneeze during the "I do's."

Pamela Caccese



Whateverway our stories end I know you have rewritten mine by being my friend. Once upon a time, I was a confused kid who wore polo shirts with ties. It's been five years since then and they've been fantabulous. Thanks everybody. I'll love you, always and forever. <3

MLT: direct, score and star in her own musical, all about math... after having married a monk.

Laurinda Caporuscio

Five years have passed so quickly. I have met so many amazing friends throughout these years and I've known some of you for even longer. Mom, Dad, Kevin, thank you for everything. I love you so much. Congratulations Grads of 2008!



MLT: take over her mom's job at Dunrae Gardens school because she visits too often.

Lisa Cavaluzzi

Mom, Dad, Marco, Sara, MS & Family thanks for believing in me and always being there. I love you all. Nonna, ZIO. A, MF-miss you. A special thanks to all teachers. AA, EH, SC, JS-BFF (memories) Class of '08- We did it! -xox-



MLT: kill a joke with her machine gun laugh.

Cassandra Chase



Congrats Grads of '08. A special thanks to my dad, I will always be daddy's little girl&my mom,my heroforall her love&hard work&Alain for all his support.Mars loves Richlo, EF my star, LK Summer'07,SCT,EG,BA=BFF True love, happiness & memories.

MLT: ask so many questions on her wedding day that her groom will run away!

Vanessa Cheng



After five years we take our first steps out of this building as graduates. We have to remember to take one step at a time so that we don't falter on our way. Thank you to V-chan, Chibi, Sasku and all those who've helped me since the beginning.

MLT: attempt to take over the world and then split it up between her two younger minions.

Caroline Colozza

Wow, we are already graduating. Thank you to all my friends for the fun times and memories I will always cherish. Thank you Mom, Dad, Chris and all of the family for your help and support throughout these five years. Congrats and good luck Grads of '08!



MLT: remain a munchkin all her life, have her own candy shop and sing every song she knows.

Stepbanie Courey-Aboud



True friends will leave footprints in your heart. E&S: my other half, thanks for everything. AA LC CD AE: thanks for all the amazing memories. I love you guys! Family, you've helped me every step of the way. Teachers, you have been my inspiration-EV&AG. Grads- we made it!

MLT: fall downstairs & trample over Cass,trying to get to her husband Jon Bon Jovi first! <3

Angela Cristiano

Ladies, you have kept these walls alive, and I thank you. Family, you are my strength. Chels and Kiki, my sisters and guidance, CP & GZ, my smiles, the lunch table (oh the laughs)! I love you! I'll hang my kilt, but I will never forget. Grads '08, always bring your own sunshine...



MLT: eat all the food in the world, and spaz because she is still hungry.

Bianca Cuffaro

We laughed, we cried & we finally made it. I'll always remember each and every one of you. Ilove you all. Five years & still going strong. You know who you are: ABC2. Mommy, Daddy, Anth, Kiki, you know me better than I know myself. Grazie per tutto, ti amo. Grads of '08 forever!



MLT: become the next VDW, getting through life one sarcastic comment at a time.

Lia D'Abate



"Our deepest fear is not that we are inadequate. Our deepest fear is that we are powerful beyond measure." Maryanne Williamson. Always strive for the best, and never forget the people who touched your heart along the way. Thank you for touching mine. <3

MLT: become a cardiologist, musician, find a cure for heart disease & be a mother of five.

Cassandra D'Ambrosio



Friends are like bras, close to your heart and full of support. AH, CB, SC, you've always been there. Girls, never forget the memories. Family, I couldn't have done it without you. Teachers, you made the journey worthwhile. Keep the faith: Viva Sacred!

MLT: marry Jon Bon Jovi and have twins named Sticky and Tack.

Brooke Deer

"When life offers you something far beyond any of your expectations, it is not reasonable to grieve when it comes to an end."

- Stephanie Meyer



MLT: get a ticket for illegally parking her stone canoe in the faculty parking lot at John Abbott, but avoid paying the fine by smiling.

Erica Deutschman



I had this dream that we had one year left, but we don't. YAY! Congratulations to y'all for making it to the end. Liz, thanks for hardly being absent. Family, thanks for being nice and thank God, WE'REGRADUATING! Strawberry fields forever.

MLT: to divorce her husband for wanting kids.

Kayla DiGaetano

Girls, another chapter of our life is now complete & it's time for another to begin. Thank you to EVERYONE, without you I wouldn't be the person I am today. S, A, C, JJ & Kim I love you all. Grads of '08, you made it the best five years I could ever ask for!



MLT: move to California to become a famous masseuse who invents a new self tanner product.

Sofia DiGirolamo

"When the world whispers 'Give up,' whisper back 'Never." To all my friends and family: thanks for the amazing memories, laughs and support. Remember that there are no chains that hold you down except the ones you impose on yourself.



MLT: get hurdles as a wedding gift.

Caitlin Dixon



"To accomplish great things, we must not only act, but also dream; not only plan, but also believe." –Anatole France. Don't ever hold back from your dreams, just go for it. Thanks to my friends for all the good times and to my family for all your support. Good luck Grads '08!

MLT: give her husband Purell before holding hands and Listerine before kissing.

Olivia Durand



Congratulations everyone! To the memories we have shared. To the infamous: JKP,KB,SB,BD,ET, best moments of our lives. Live, love and laugh, the three Ls of life.

MLT: travel the world on a rainbow coloured pony.

Alexandra English

CONGRATS GIRLIES! We've spent 5 years together but now we must part. I wish you the best of luck and happiness. Thank you mom, dad and Serena for all the support. Teachers and friends you made this experience amazing. GRADS 08 <3 SHSM



MLT: go to the Olympics for the Care Bear ski team and break her nose walking to the podium.

Tuki Evoy



"To dance beneath the diamond sky with one hand waving free,

Silhouetted by the sea, circled by the circus sands,

With all memory and fate driven deep beneath the waves,

Let me forget about today until tomorrow."
-Bob Dylan

MLT: be a kitten.

Emélie Flemming-Parker

We're done! AB LL YE DRL AL SC ET AH CB you made 5 years pass in a flash. Although we had our differences, we were able to make up and were laughing together the next day. I will miss being with you all 5 out of 7 days. Good luck girls!



MLT: become the next Habs coach and teach them all how to figure skate.

Erica Franchi

Thanks mom-my rock, Dorotea-my other half & Papinotvtb. Thanks teachers for making it happen. To the grads of '08 congrats and thanks for the unforgettable memories. Fez 4 life:) Well ladies it's time to go chase our dreams! Good luck to you all. BA&CC<3



MLT: move to another country, marry W. Valderama & name her child Fez Jr... for obvious reasons.

Sheila Gaon Canlas



Thanks to my family and teachers who never gave up on me. To all my friends, you bring out the best in me. I love you so much. I'll never forget our years spent together. Friends for life. Congrats girls, we did it!

MLT: fall asleep on live national television.

Denise Garadjalou



I'ma buy you a drink...oh it's over? Class & prefects:) of '08, thanks for the memories <3 To my girlies-SATPETED AV AE AM KD & everyone-I love you. Mommy-my life, SV-my determination + SC. Good luck, you're the most amazing group of girls that I have ever met. <3

MLT: marry the man of her dreams, file for divorce when he says I Love You, & then run away to an island with Soulja Boy.

Cassandra Giaccari

Kilt \$75, docs \$150, memories...priceless! These past 5 years have been amazing. Sam, Aless, Kayla, I will always remember those great times we shared together-BFF! To my family, thank you for all your love and support. "I'll be there for you"-Friends



MLT: Force her kids to watch Friends.

Katina Goulakos



Thank you Mom & Dad for everything, Christa my rock, CG my partner in crime, Ilove you, Fez, YN my angel RIP. To the girls of '08, I got your back. "You may say I'm a dreamer, but I'm not the only one."

-John Lennon

MLT: move to LA, marry a Greek shipping heir and become a world famous superstar.

Chloe Griffin

WOAH! I'll remember this one. Thanks mom & dad for never driving me to school, you made it that much more fun. My bros & sisters for always giving me quiet time for homework, ha. To Fez, EricaG? To KatinaG, my partner in crime. Now let the games begin...



MLT: live at the tam-tams and think she's saving the world.

Amanda Hajaly

Congratulations girls; we made it! CD & CB & BC, too many good times, I'll never forget you. I love you all! Dayna, I couldn't have asked for a better sister, I love you. Mom & Dad, I love you both. I can't believe it's really over. I'll miss you all!



MLT: marry one of the Backstreet Boys and have Backstreet babies with curly hair.

Emma Hannouche



Class of '08, we finally made it! Dad, Mom, Careen, Matthew, Mally, thanks for the support. Nonna and Zia, thanks for being there. LC +AA= sisters 4 life (memories). E & S, thanks for all the good times, I wish you all the best. Peace.

MLT: get lost in her own house.

Jessica Hindley



This journey that has lasted 5 years has been one of joy, laughter and tears. It's a memory that will last for so many years. Thanks to my family for giving me the strength to keep going! BK-mornings, AG-you're like a sister to me, BP- thanks for always being there for me, LT '08! I can't believe we did it!

MLT: never get a job.

Keira Kilmartin

Don't cry because it's over, smile because it happened! Thanks to friends for making me who I am, teachers for challenging me, and my family forloving me. So many memories: yearbook, Italy, Sweet 16s, Math class. Grads of '08: unforgettable, thanks for the laughs and good times. I'll miss you all!



MLT: travel the world for Irish dancing, injure herself, shop to make it better, and move to Spain.

Alexandra Koutsogiannopoulos



The railroad has come to an end & we must depart. Memories, we will never forget & tears that will forever be wept. Thanks to my family for giving me the strength to succeed! JH-the sister I never had, GZ-friends forever! LT '08! We made it!

MLT: live a rich life being a professional klutz.

Olivia Kuzyk

"Now is the time for us to shine, the time when our dreams are in reach and possibilities, vast. This is your world. You're here. You matter. The world is waiting." To the girls who I've come to know as my sisters, you got me through: together forever.



MLT: save the planet one recycling bin at a time.

Dara Larocque

Young women, her mother's only child/Artificial love bloomed, you became silk flowers/When nothing grew from what was never alive/You made diamond teardops fall from crocodile eyes/Did she pull you down?/Don't let it get you so far down a wise man said/Oh you'll get broken down, but patience saves.



MLT: continue looking at the world through obscenely large sunglasses.

Frédérique La Forge



"Wherever you go, go with all your heart." Confucius. I wish you all the best of luck in the future. To my friends, thanks for all the great memories, I love you all. Good times at sports & clubs. Ms. Potter thanks for all the help with Sheldon. Congrats Class of '08!

MLT: trip over her feet walking down the aisle at her wedding.

Alex Lee



Wow! I can't believe our high school years are over! Congrats to all Grads of '08 for making it out of Sacred alive. To all my friends, family members and teachers, thanks for everything you've done for me. I love you all. Peace out.

MLT: forget her own wedding.

Liezl Lee

Through the good, the happy, the tough and the rough, tears, smiles and laughter, we all made it. Girls: SC.AB.EP.YE.RL.ET.AL.AH. CD you all have made my high school years memorable. JP-other half, my sister. Mom, Dad, bros, thanks. I love you grads '08! <3



MLT: have a reunion with her friends and a party in room 185 in Stratford & use dental floss to turn the lights on and off.

Rosa Lee



I feel like I just had the most amazing dream. Tomy family, you always mean so much to me. Thank you to teachers for the support and care. Class of '08, huge hugs to all for making the past years unforgettable. I'm going to miss Sacred and every single one of you. I love you all!

MLT: find out when Willy will find the wood and wool for Woody!

Samantha Mastromonaco

Today you are You, that is truer than true. There is no one alive who is Youer than You. Fab 5s! KD friends since we bumped heads AR, CG, same time new place! Thanks Mom, Dad, Vanessa and Mark for all your support. To do, to do, so much more to do!



MLT: become Brad Pitt's partner in crime.

Alexandra Michailuk

Ma, Hresney, Danu & Markian, I would have never made it without you, I love you with all my heart! PRE-FECTS-yougirls are amazing! Alex M&E, I see you through the window, Italy Trip, Sweet 16s, blonde moments, memories that will last forever. Good luck girlies!



MLT: move to Italy, convince the hot boys that she's really Italian & go to the 'discothéca' every night.

Chelsea Obayon



Wow girls, I can't believe it's over so soon. Mom,my life, thanks for everything. Ang & Fez, my sisters. GZ & CP I adore you.Canoe Theory. Neeff my buddy. G2 you're whhhicked. Ms.DT, I couldn't have done it without you. I LOVE YOU ALL, peace, love & butterflies!

MLT: date & dump every NHL hockey player until she finds Theodore...live in her mansion alone and watch CSI and House all day & sit on her throne.

Cbloe Peterson-Beaudoin



Ican't believe it's over. Thank you mom, dad and everyone who has supported me. GZ-my sister, CO and AC-my laughs, KR-since the beginning, BC-hold on you're almost done, lunch table-too many laughs! Congrats Grads of '08, we made it!

MLT: graduate from One Tree Hill.

Tiffany Piergiovanni

Thank you Mommy, Daddy, Nonna & Nonno for everything. Melissa D, I love you, you are my sister for LIFE! Chelsea B, thank you for always being there for me. SA AG DG LS I'll miss you. To all the Grads of '08, my second family, we did it!



MLT: live in a pink house, with a pink car, a pink dog and a husband wearing a pink argyle sweater.

Jessica Popovic



Grads of '08, we made it! I wouldn't have been able to get through this without my awesome friends, OD KB SB ET BD SC. You made these years so much fun! I would have gone insane (or sane) without you! Thank you to my teachers, and my family-I love you.

MLT: be called in an emergency, but never answer her phone.

Karimab Rabman

These were the best & worst years of my life, where friendships were formed to last forever. I thank Allah for everything given to me. Big up to my peeps SDG, LD, JB, SB, CD, CR, PC, FL, MR, EJ. I couldn't have done it without you guys. Our crew was the best. Windies.



MLT: marry a ghetto, religious Indian playing for the West Indies cricket team & raise 10 respectable Muslim children and live in the sickest cribs in Guyana and Trinidad.

Katharine Reusch

So it begins, the rest of our lives. Tomy family-I couldn't have done it without you; thank you for believing in me. Ang & G-through the good times, rough times, every time. Chlo-since day 1. JBK-mornings. To the family I chose, "I owe it all to you..."



MLT: kill every joke. No? No? Oh, ok.

Marianne Roaldi



Time definitely went by fast. Thanks for all your support, Maman and Papa. I love you. I'll always miss Sacred and the class of '08. I'll never forget the carpooling days and all the laughs. Thanks to all my friends for the amazing memories. We made it! xox

MLT: still be working on her entrée as the dessert is served at her wedding.

Alessandra Ruffolo



Five awesome, fun filled years together went by too fast! Thanks for all your love and support mom, dad, Mario & Angelo. Sam, Cass, Kayla, I love you guys. You made the years so special! Thank you to all teachers and staff! Congrats 5s, I love you all. WE DID IT!!

MLT: convince everyone that her hair is dark brown.

Cbloe-Lynn Russo

The memories I take from Sacred will last a lifetime. Thanks to my friends, we shared great times. To my teachers, my sincere gratitude. Mom & Dad, thank you for your love & support. Chelsea, I loved sharing Sacred with you! Class of 2008, dream big!



MLT: write a bestseller that is turned into a blockbuster film where she acts with Johnny Depp.

Lauren Santin



To all my girls, we finally made it! Mom, Dad, Mark, I couldn'thave done it without your support! TLC for life baby! CB-my other half, TP-11 years, AA-I love you to death. To all my friends, you're amazing, I love you! Grads of '08, we made it baby!

MLT: dye her hair every colour of the rainbow & go back to blonde, all the while flirting with her gay hairdresser.

Teresa Sweet

Whew! Five years packed with good and hard times and we're finally here! Thanks so much to all my friends for spicing life up and being there with me the whole way. To the Grads: follow your dreams and reach for the sky, we can do this!



MLT: take days off work to watch Michael Jackson's music videos and memorize all the steps.

Elizabeth Tomaras

Five years and we did it. Eri, my other half, my person, my best friend. Strawberry fields forever. Everyone else, you know exactly who you are, you made it all worthwhile and of course, my family. You're all brills. You know you love me.



MLT: live a glamorous life and have a closet full of Heatherette dresses.

Alessandra Traversari



No matter who we become or where we go we will always be as close as sisters. LK, BB, together forever. Mom, Dad I love you. We've all shared so many amazing memories that will never be forgotten. Grads of '08, we did it!

MLT: die of laughter. Literally.

Eva Tsaousakis



The memories created in this school will stay with me for many years. I thank my teachers who have contributed to my education. To my friends, KB, SB, JP, OD, BD, SC, I will never forget the good times we have had. I love you all & I'llbe waiting for the day Sam & her army of killer squirrels take over the world!

MLT: take a year off school and go to metal shows.

Alexandra Uva

Dear Grads of '08, the last five years have been a blast!
Undergrads: enjoy it while it lasts. I'd like to thank my parents for giving me the opportunity to attend SHSM. I'll always remember the ladies I graduated with. You're all stars & don't you dare forget it. <3



MLT: open a chocolate factory and then gobankry because she ate all the chocolate.

Alessia Vincelli



ID IIC IIIA IVB VC. Fate decides your destiny, but you choose your friends. I'm proud to say that I chose great friends, ones that made these 5 years filled with laughter & memories. For all the support from my family, grazie! We did it class of '08!

MLT: get really hyper in 3...2...1. NOW!!!

Micbelle Vokaty

Friends are like stars, you can't always see them but they're always there. AE-I'll always remember the sailing trips, scooter rides, hockey & Stratford. JB-fab times for 12 years, Robotics & long chats. LA-Good times in Math & English. Kar-cream. Grads of '08-these memories will be cherished forever.



MLT: be a sports therapist, ride to work on her scooter and win her life on Mix 96.

Vianna Yu

Life can be hard at times, but people make it. We have been with the same people, teachers, and in the same building for five years! Congrats Class of '08! Thanks Dad, Mom, teachers, Vanessa, Ashley, Bethany, and friends for a great year! Farewell to all!



MLT: sleep through college and cluelessly find herself in university.

Gianna Zappitelli



Our journey, which seems like it started yesterday, has now sadly come to an end. Mom & Dad thanks for everything you've done for me, CP my sister, CO & AC my loves, KR dancing queen, AG supastar! OK my pumpkin, lunch table '08! Congrats girls, we made it!

MLT: break out into a song, during her wedding, while saying her I do's to her fiancé.





Samantha Mastromonaco



Rosa Lee



Alexandra Michailuk



Caroline Colozza



Michelle Vokaty



Alexandra English

THE SACRED HEART



Staci, Angelis



Alessandra Arduini



Melissa, Ariganello



Lia Asquini



2007



Kerry Mae Blake-Savery



Chelsea Brossard



Laurinda Caporuscio



Lisa, Cavaluzzi



Cassandra Chase



Vanessa Cheng



Kavla Di Gaetano



Sofia Di Girolamo



Caitlin Dixon



Olivia Durand



Yuki Evoy



Flemming-Parker



Jessican Hindley



Kaira Kilmartin



Alexandra Koustogiannopoulos



Plivia



Frédérique La Farge



Dara Larocque



Erica Franchi



Katharine Reusch



Marianne Roaldi



Alessandra Ruffolo



Lauren Santin



Teresa Sweet



Elizabet Tomaras



D'Ambrosio



Caccese



Arciero



Chloe-Lynn Russe



Garadjalou



Tessical Bindra

SCHOOL OF MONTREAL

2008







Samantha Backamn



Alussa Baldoni



Bianca Bertoia



Stéphanie Courey-Aboud



Cristiano



Bianga Cuffaro



Lia D'Abate



Brooke Deer



Erican Deutschman



Sheila-Louise Canlas



Cassandra Giaccari



Katina Goulakos



Chlor Griffin



Amanda Hajalo



Emma Hannouche

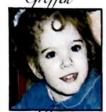




Cheksea Ohayon



Chloe Peterson-Beaudoin Pergiovanni





Jessica Popovic



Karimah Rahman



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Alexandra Elva



Alessia, Vincelli



Vianna





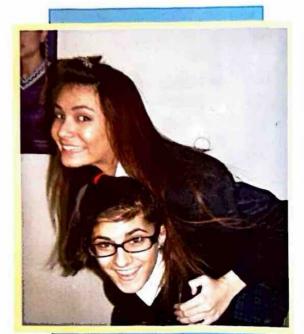






















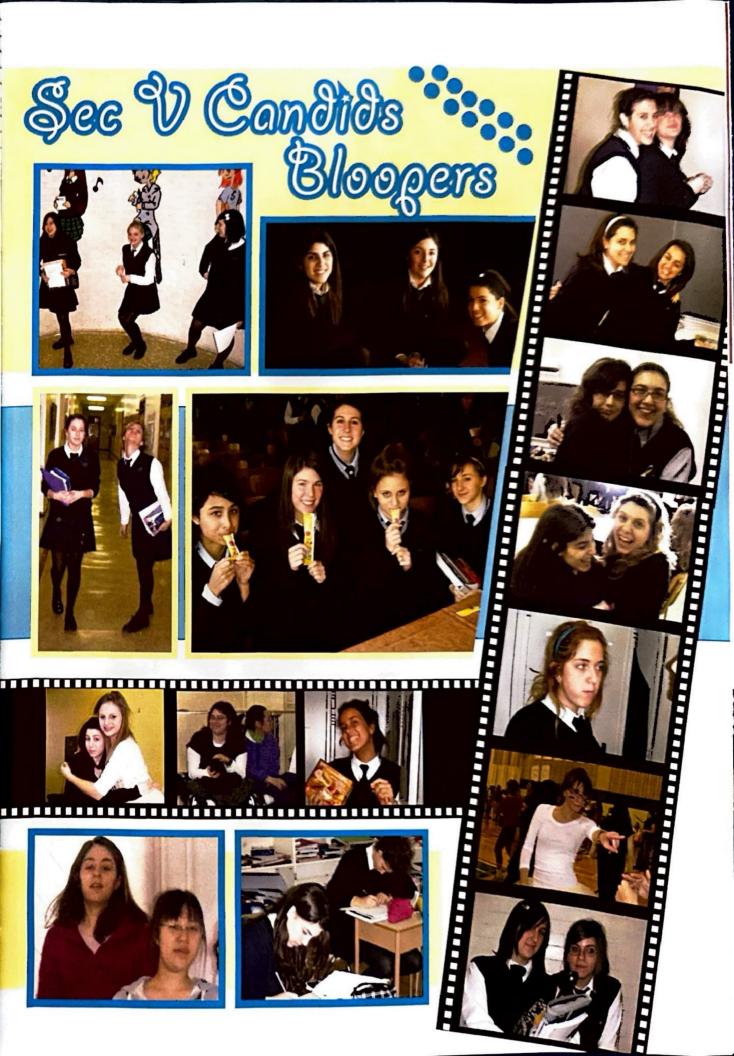














The Hair



Teacher's Pet



The Slacker



The Skirt



The Rebel



The Rock Star



The Smile



Class Clown



Neat Freak



The Mom



The Fashionista



The Eyes





The Troublemaker



The Brain



The Sport Star



The Best Laugh



The Drama Queen



The Sleeper



The Sneeze



The Poser



The Dancer



The Quiet One



The Artist



The School Spirit



The Skater



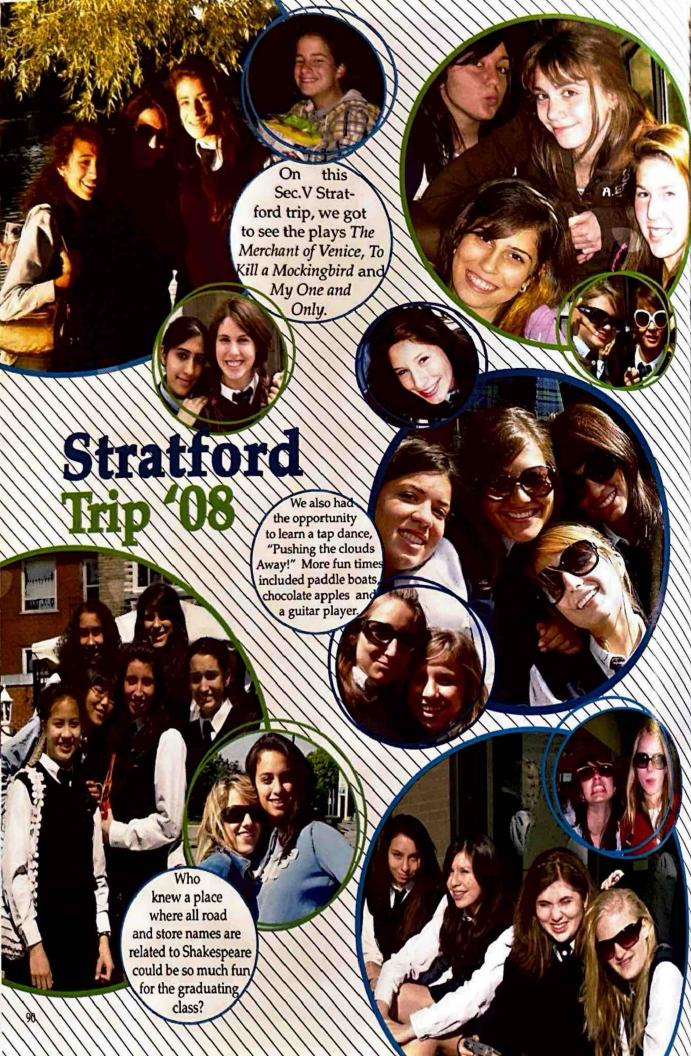
The Singer



The Gangsta



The Hyper One





retreat







The power of ONE.

Surely all the Sec. this year's retreat was amazing! We shared many hugs, much laughter, and lots of tears. One of the best parts was a special ceremony in the evening that touched every one of us. There were so many great activities and surprises for the whole grade. They were two truly fantastic days that, with the help of our Blues Notes, the Grads of '08 will never forget!

















1- The day begins as early as 6:00 AM for many girls.

5:00

2- Getting ready is easy, only a uniform to wear. The only downside: Doc Martens.



3- Most girls take a BMW to school: the city bus, metro and a walk up the hill.



4- A Sacred Heart student enters through the Penfield doors.



5- Until the bell rings, students (especially the Secondary Vs) relax by the lockers, eating breakfast and catching up on homework.



6-When the first bell rings, all the girls gather in the study hall for General Assembly with Ms. Del Torto. This year, the prefects organized Monday Morning Madness to cheer us up.



7- After the bell, we have 5 minutes and not a minute more to make it to our next class. We get quite a work out running up the stairs.





8- As we make our way to class, the Regulation board lets us know what is going on that day. The prefects do their best to decorate it and make it exciting.



9- Sacred Heart teachers are great, and even though the workload is huge, the classes are always enjoyable.





10- If it's a Monday, you better hurry to the dining hall to get in line for a cookie. As far as détentes go, this is the favourite snack.



11- When it's time for gym class, you better not forget your labelled uniform, and your runnning shoes!



12- After a gym class, it is very common to see girls fixing their hair in the (smelly) gym locker



13- Before every meal, we say grace all together and then enjoy our lunch at tables of 8.

14- After lunch, it is common to see girls in the library, art room, asking questions at the faculty lounge...you may even find the Secondary Vs having a party in the prefect room!



15- More classes follow after lunch, where many students work hard, while others do not ...



16- The dismissal bell rings at 3:10, but for many students, the day is far from over.



17- After school activities range from detention, to Art Club, to sports teams, to visiting Ms. MacNamara on the 5th floor





18-Before leaving, every student's books are transferred to a school bag for the heavier commute home.



19- By the time the Sacred Heart girl has done her after-school activities, finished her homework, checked her Facebook and updated her iPod, it tends to be very late.



As demanding as the life of a Sacred Heart student is, it is worth it to attend such a great school with such caring teachers and the best bunch of girls you could ever find. We are taught so much more than English, Math and History, we have learned how to be better people.

UTTOICIOUNTODUERS: LEVERU (MEEL











Heart has become such an integral part of each and every is that it is practically impossible to imagine living without it really over already?" This thought has run through an unmerous times these past few weeks. It is so hard we that this episode of our lives is actually coming to an st think of it, in a matter of months, we will walk into our class and ... (drum roll please)...there will be boys sitting hey may even be Loyola boys! The dream of every Sacred or will have come true.

afternoon Mrs. Brooks, Mrs. Filipovich, Mr. Kousik, Torto, faculty, Religious, honorable guests and fellow s/graduates. We, the graduates of 2008, are entering stage of our lives that is devoid of FIGAs, Détentes and ABUSTADDs. However, this does not mean that it is the verything connected to Sacred Heart. In fact, Sacred Heart in the last five years. ipped us with impeccable manners, extensive knowledge, ends and fond memories that will accompany us wherever ose to go. We will never forget the fun we had "kicking uds away" or all the laughs and tears shared at our last . Justin, the cutest singer and guitarist ever, as well as our ames" in Italy are also engraved in our memories forever. e uniqueness of Sacred Heart is something else we will ber and miss. I mean, where else would we be comfortable to moisturize our hands with strawberry-scented cream class? Also, where else would the teachers agree to put eputations on the line by playing a game of Ultimate against the Sec. Vs? (I'm still convinced that we were e winners and that the game was so cleverly fixed that it like the opposing team won by a long shot.)

reason why we were comfortable enough to sing High Musical Songs at the top of our lungs in the hallways is e we have become a tightly-knit family and Sacred Heart come our second home. Each one of us entered this school of 70 puzzle pieces, not quite knowing where and if we roughout these five years, through good and hard times, ind laughter, successes and failures, we have come to tand that we are all part of the same puzzle and we have bund our place, snug among a group of friends. Each one sitting here has contributed a special part of yourself and what makes our puzzle such a masterpiece. Some people outed their wit and charm while others shared their funspirit and craziness. Who could forget the Spice Girls' nt performance last February? And we will never forget e-night walk in the cold to our hotel in Stratford, keeping high with our medley of songs.

Prizes

-Governor General's Medal & Parents' Guild Award for the Student with the highest Average

-Estelle Fitzgibbon Memorial Prize for highest composite average in Science

What's really special about the class of 2008 is the everyone eventually let their guard down and we great extremely close to each other. Parting from you girlegoing to be hard, but as long as we remember what stand for, we cannot help but shine.

It is only natural that at times, we found all the wo and rules tough, but this is like everything else that mak us into better people. We don't always enjoy the proce but we are always better off in the end. So whether was trying to catch the train against all odds - carrying heavy schoolbag and wearing Docs - or whether it w staying up all night working on our multigenre project was all worth it. Through all of this stress and hardsh we have learned discipline, and this will help us in t future.

To the teachers: you are the people who made believe in ourselves. You showed faith in us even where we were on the brink of giving up. When we we discouraged because we weren't playing well on the field, you encouraged us. When we felt we could reaccomplish our goals, you consoled us and motivated to keep trying. You made us understand that anything possible, as long as we believe in ourselves and reach the stars. Without you, we would not have come so in the last five years.

To the parents of the graduates of 2008: thank you all of your love, support and understanding. Each a every one of us sitting here today could not have mait without you walking by our side the whole way to could always rely on you being there when we need you, whether to lend a listening ear or a comfortiembrace. You were always watchful and vigilant our well-being and we would not have grown into su confident young women had it not been for your lovi advice. Thank you for your unconditional love.

To the graduates of 2008: thank you for being who you are. Even though some of you may not be happy withow you look in your grad photos, you are each beautified and special in your own way. You are one very spectified group, always ready to provide a hug or a smile in a time of need. There is no support system one can have that as consistent and as warm as the one we have right he Now, I would like to share with you a poem that we keep you going when life challenges you:

Within our reach/ Lies every path/ We ever dream taking/ Within our power/ Lies every step/ We ever dream of making/ Within our sight/ Lies every joy/ vever dream of seeing/ Within ourselves/ Lies everything We ever dream of being-Amanda Bradley

We have been very lucky to have had each other be now it is time to walk out of those Penfield doors for the last time, proud of who we have become and ready take on anything that comes our way. So spread you wings and fly, and remember, "Sacred girls never go of style."



Amanda Aziz Heather MacDougall Memorial



Erica Deutschman



Pamela Caccese



Alyssa Baldoni

5Yearson Honour Rolls

5Yearson Distinctions

And the Award goes to...



Tiffany Piergiovanni Provincial Council Award for demonstrating compassion and caring through social action



Alexandra Uva Student Council Prize



Lia Asquini Sacred Heart BLC Prize for English McGill Science Award Sister McNamara Memorial Prize for Mathematics



Cassandra D'Ambrosio City House Foundation Bilingual Proficiency Prize



Michelle Vokaty Auriol Wilkins Reper Memorial Prize for contribution to Sports



Chloe Russo: Sacred Heart Music Award Parents Guild Prize for Social Science Sacred Heart BLC Award for English



Cassandra Giaccari Sacred Heart School of Montreal



Keira Kilmartin Headmistress' Memory Book Awar Patty Forbes Memorial Prize for Health Sciences



Alessandra Traversari Frances Smith Memorial Prize for significant contribution to the life of the school



Lia D'Abate The Debating Prize Sacred Heart BLC Award for Engl Soeur Annette Archambault Prize for French Second Language

Stephanie Courey-Aboud



CONGRATULATIONS

Stephanie, we are so proud of you and all that you have accomplished. We are really happy for you and know that you'll be truly missed at Sacred Heart. Love always, Mom & Dad

Bianca Cuffaro

To my daughter Bianca, you have successfully reached the end of your year. You are graduating and that makes me the proud father. I know you will continue to make me proud of you because that's who you are and what you are made of, and that's all the special things that only parents know.

Congratulations, we love you. Arielle, Pascal and your Dad Vince

STACI ANGELIS



CONGRATULATIONS

Staci, we are so very proud of all your accomplishments. You always put a smile or our faces. Remember, there is nothing you can't do. "The future belongs to those who believe in the beauty of their dreams."

We love you, Mommy, Daddy, Nicholas and Diana.

Alessandra Arduini



As you finish one chapter of your life at Sacred Heart and embark on another, we want to let you know that we are proud of you. You have matured into a wonderful young woman.

Best of luck in your future endeavors. Love, Mom, Dad & Isabella

Cassandra D'Ambrosio



Through your hard work and dedication you have exceeded our expectations. You are truly our shining star of whom we are very proud.

Love Mom, Dad, and Catherine

After the AMASC pin ceremony, all the Sec. Vs anxiously waited on the 4th floor with Mr. Kousik, excited to find out what exactly was awaiting us at our



We arrived as quickly as possible to find lots of delicious treats on our tables, as well as personalized gifts and a CD.



Teachers came to sit with us to and eat some of the desserts, while we heard a speech by Michelle Zakem.

We then enjoyed a song prepared and sung by Mr. Griffin and Ms Walsh, based on 'Green Eyes' by Coldplay. It brought tears to many of our eyes, as we realized that never again would we have such special teachers.





The Sec. IVs had also prepared their own songs for us, which made us feel very loved and sad to be leaving.



To finish off the entertainment, we watched a slideshow filled with memories from our five years at Sacred Heart. Last but not least, all the Sec. Vs went up to the stage to sing our graduation song together for all the teachers to hear.





A very big thank you to Ms Del Torto, Ms Arseneault and all the Sec. IVs for preparing such a wonderful evening!



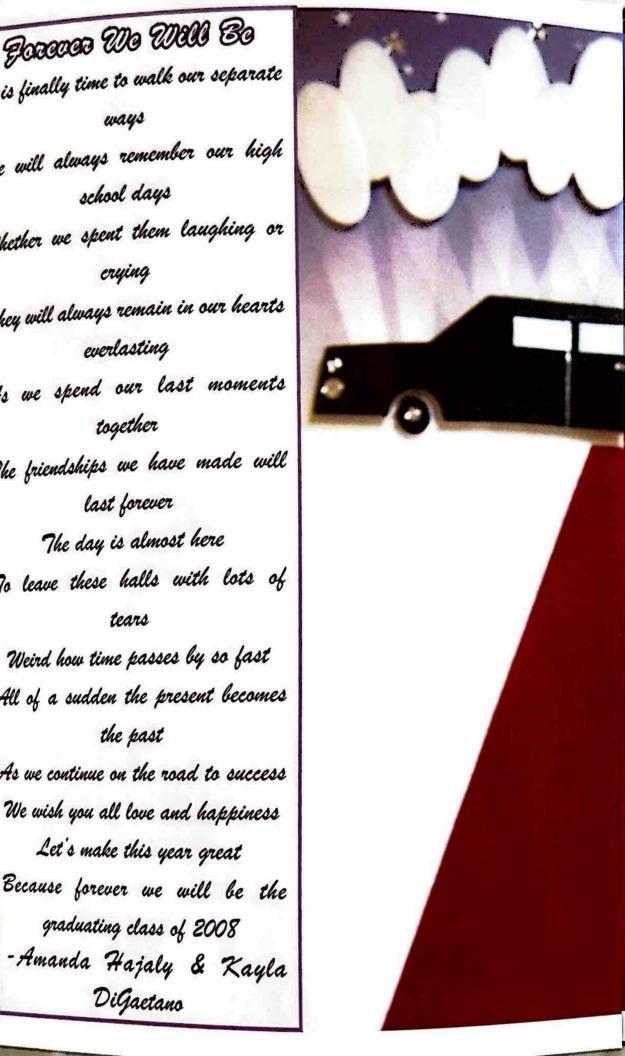




FORESCE We WILL BO It is finally time to walk our separate ways We will always remember our high school days Whether we spent them laughing or crying They will always remain in our hearts everlasting As we spend our last moments together The friendships we have made will last forever The day is almost here To leave these halls with lots of tears Weird how time passes by so fast All of a sudden the present becomes the past As we continue on the road to success We wish you all love and happiness Let's make this year great

graduating class of 2008

DiGaetano





Stotens At The Wester

It was not long ago when we first walked through those Penfield doors.

We were younger, nervous, and excited. As months passed, we became good friends.

We've had our fights and our downs
But we've also shared many good times
together.

We never failed to help each other When it came to Wordly Wise sentences, citizenship tests, religion assignments, math homework.

Or even when it came to boyfriend problems. We share many memories that I hope to never forget.

And now as our final year is coming to an end.

I want to thank you girls

For being the reason I smile every day

For being the reason I love coming to

school

For always being there for me
For being silly and immature
For being patient

For loving me for who I am. And most importantly. I'd like to thank

400

For being my sisters. -Sheila Canlas

SACRED

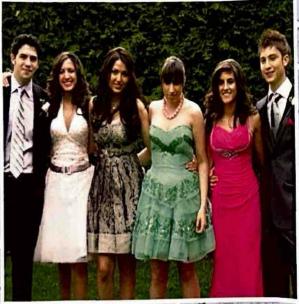
After a long day of beautifying ourselves, the graduates of 2008 received a night of movie star treatment. The glamour began when our limos picked us up, and we attended cocktail parties with our friends, dates and family.





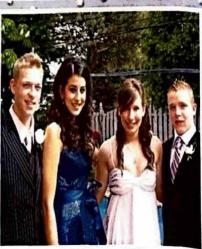


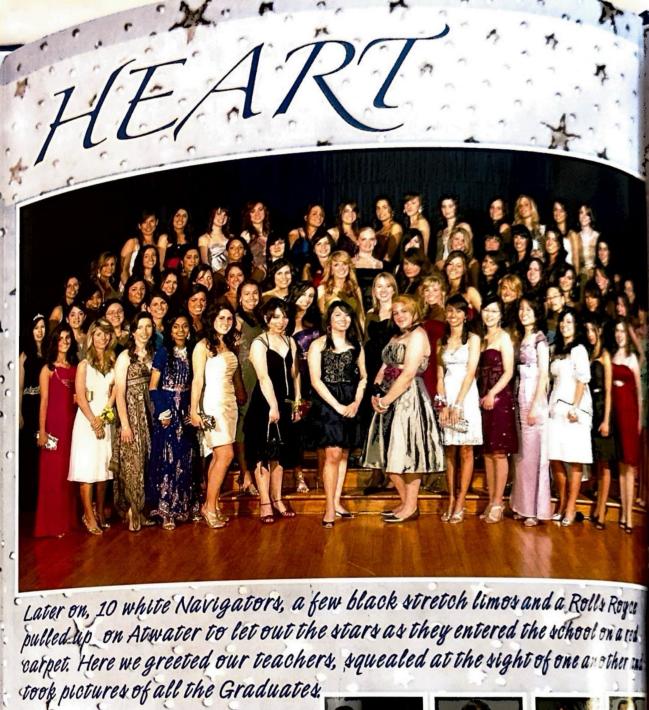






















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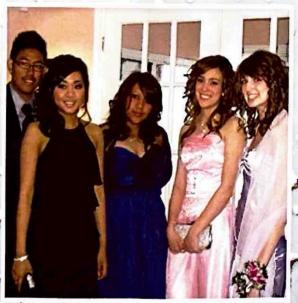
stepping out of our limos and up the steps to the Windsor Notel was when then everyone but the Graduates were ushered into the ballroom. We were included Nars and Chanel gift bags. We reminisced, ate our delicious meal and some were brave enough to show us their moves on the dance floor, the kisses" and the singing of the Graduation song by all the grads in a big use we had planned. All in all, the night was one to be remembered and was

























HI 2008

the magic of the evening started. Pink cocktails were served in the hall and called in one by one to an applauding audience. More movie star treatment, and danced the night away. The teachers even made a special appearance, night badly came to an end with the father-daughter dance to "Butterfly circle. We were then whisked away by our limos into the night, to whatever, a great way to celebrate our high school graduation with our friends.















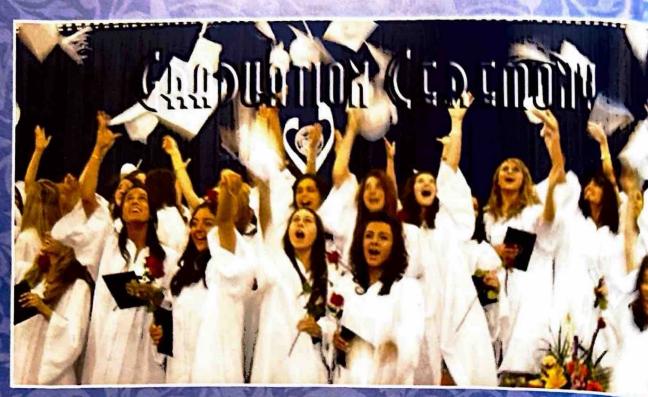












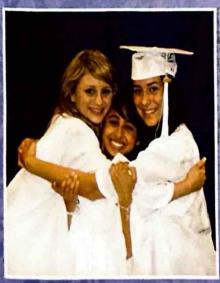
The final and bitterweet chapter of our lives at Sacred Heart came to an end with the 147th Graduation Ceremony, on June 1, 2008. It began when all the Graduates gathered in the Study Hall to recite a special prayer with Ms. Del Torto who then gave us each a rose. Our guest speaker, Tasha Kheriddin, the Director of the Ouébec et la Francophonie Fraser Institute delivered a Graduation Address reminding us that there is much hope for the future. The Graduates proudly recieved their certificates, and there was a recognition of the recipients of Academic Prizes and Special Awards. Teresa Sweet then delivered her moving valedictory address.

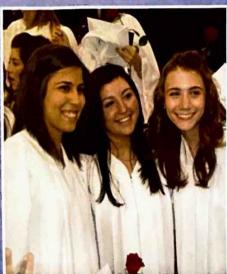














Alexandra English



We are so proud of you and everything you have accomplished during your high school years in academics, sports and overall school involvement. Congratulations to our amazing Aya! We wish you much happiness and success in the next chapter of your life.

Love, Mom, Dad, Serena and Laker

Lia D' Abate



Over the years you have blossomed into a delightful young lady. You have worked hard and accomplished much. We are proud of you and will always be there for you as you pursue your dreams. Love Mom, Dad and Michael

Frédérique La Forge



We are proud of you and all that you have accomplished. Bonne Chance I'an prochain.

> Love Mom, Dad, Charles and Oliver

Congratulations Bianca Cuffaro



We always knew you could do it! But to do it with such poise, grace, unwavering determination and discipline, you are a true inspiration to everyone who meets you, especially to your family. We thank God every day for experiencing the joy of having you in our lives. Mere words cannot express how proud we are of you. Continue down the path on which you have started and the world will be your oyster, baby! Good luck and God bless.

Your loving family, Mom, Dad, Anthony and Kiarra

Emélie Flemming-Parker







Emélie, five years have passed so fast it hardly seems possible that you are graduating from high school this year! We are so proud of you and all you have accomplished not only at Sacred Heart,

but in all aspects of your life. You are a great person and we know you will do well in whatever you set your mind to attain. Remember to follow your heart and be true to yourself.

Much love Mom, Dad, Andrew, Cinder, Stellar, and Cali

To the 147th Graduating Olass

As you leave here, you now enter a new phase of your life with Sacred Heart--as our most recent alumnae.

The Alumnae Association
of The Sacred Heart School of Montreal
offers you our heartfelt support
and best wishes for success
in all your future endeavours.

Congratulations!



Keira Kilmartin



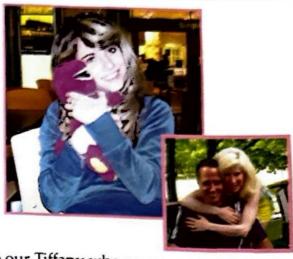




We are very proud of you and how you have become a confident young lady. You have accomplished so much, not only in your studies, but also in all aspects of your life. You are a wonderful daughter, sister, and friend and we wish you the best of luck for the future.

Love, Mom, Dad, Caitlin and Meaghan

Tiffany Piergiovanni



To our Tiffany who never ceases to amaze us. The energy you have put in everything you have done at Sacred Heart and everything else, surpasses our expectations. You have become a responsible young woman.

We love you very much. Love Mom, Dad, Silky, Lucky, and Baileys

Elizabeth Tomaras



"Be who you are and say what you feel, because those who mind don't matter, and those who matter won't mind." You have grown into a confident, independent, mature and lovely young woman and we are blessed and proud to call you our daughter. Our best wishes in your future studies. We will forever be by your side.

Love, Mom, Dad & John

Bianca Cuffaro



Congratulations on your graduation. To say that we are proud of you would be an understatement. We are proud of your determination... We are proud of your success... We are proud of you being accepted to Marianopolis... We are proud of you as a person... And we are so very proud to

be your grandparents. Love and God bless you, Nana and PopPop. MUC-POLICE STATION NO. 34

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Constations to the Graduating Class of 2003



from the Parants' Cuid

Always remember that Sacred girls never go out of style.

Congratulations
Class of 2008!



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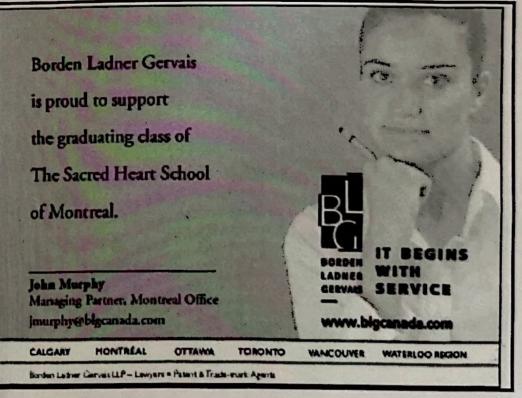
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Salvatore Russo





Good luck Graduates

As the precious few days we had left at Sacred Heart came to an end, the graduates of 2008 did our best to try to enjoy the





Last
General
Assembly
& Prefect
Birthday
Songs

Last Goodbye Blessing



Acres cast

Last
Regulation
Board, by
Caroline
Colozza



Last Lunch





Last Alice the Camel

Last Mass



Last Hugs... Goodbye!

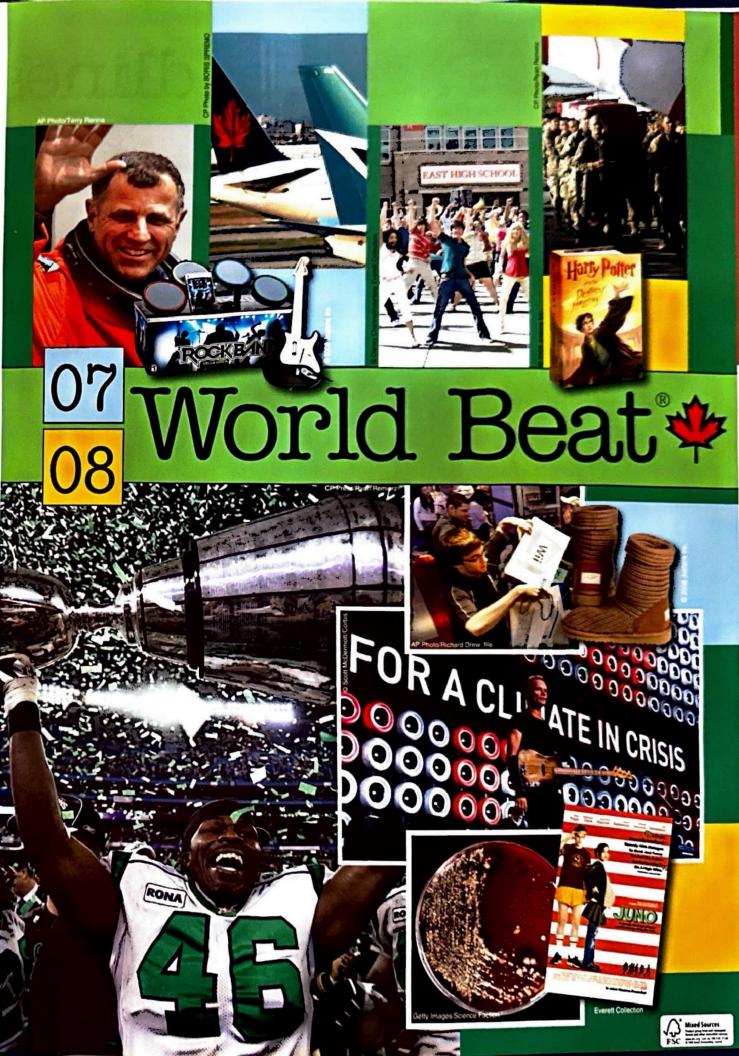








TS FANTA jostens



Front Page Headlines

- 76 Canadian soldiers across the country from British Columbia to Newfoundland have lost their lives in the line of duty since the war in Afghanistan began in 2002.
- The Canadian loonie is chosen as the top news story of the year. The Canadian dollar soared to \$1.10 US and took on the world's superpower currencies resulting in the highest peak in decades.





Seven members of the Bathurst High Phantoms basketball team along with their coach's wife, a teacher at another school, were killed when their van collided with a transport truck while returning from a game in Moncton, NB on January 16, 2008.





The death of Polish immigrant

stun gun by an RCMP officer at

inquiries governing the use of

Tasers and prompts immediate

Robert Dziekanski via Taser

Vancouver Airport sparks

changes to operations at

▲ A family member holds a poster of women missing in B.C. at the trial of Robert "Willie" Pickton, 58, a pig farmer accused of being Canada's worst serial killer. Pickton was found guilty of second-degree murder in the first six of the 26 charges he faces.



The Nobel Peace Prize is awarded to former Vice President Al Gore and the Intergovernmental Panel on Climate Change, represented by Dr. Rajendra Pachauri, for their efforts to call attention to global warming. ▼ The Koechert Diamond, a priceless jewel-encrusted brooch made for Queen Elizabeth of Austria in the 19th century and stolen from a castle in Vienna during a robbery in 1998, was recovered from a private home by Winnipeg Police. The plot of the story has caught the attention of one of the world's most famous women... Oprah Winfrey.



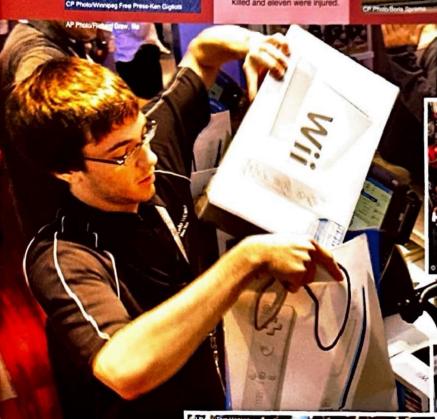


A patio table remains untouched by flames after a hot air balloon burst into flames and crashed in a trailer park in Surrey, B.C. on August 25th. Two people were killed and eleven were injured. ▼ An Air Canada jet makes an emergency landing in Calgary after nine people on board were injured when the plane hif turbulence on a flight from Victoria to Toronto. In September, a Westjet plane encountered turbulence on a flight from Calgary to Halifax that also injured 9 passengers.





Canadian consumers lose their confidence in China's manufacturers when children's toys tainted with lead trigger widespread recalls.



➤ Two RCMP Constables, Douglas Scott of Kimmirut, Nunavut and Chris Worden of Hay River, N W T., lost their lives in separate incidents in the line of duty this past year.



The Nintendo "Wii-nomenon" sweeps North America as the game console outplays the competition with sales of more than 13 million units. In Canada, \$1.5 billion in video game sales and over 650,000 game systems were sold during the 2007 Christmas season.

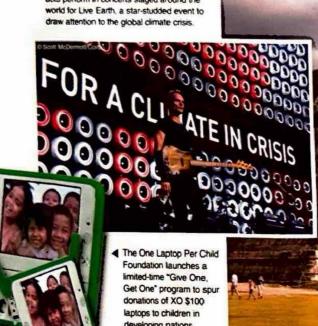
Writers hit the picket lines and television production is halted for months when the Writers Guild of America goes on strike to protest compensation policies for new media such as iTunes downloads.



On August 1, a six-lane I-35W bridge stretching across the Mississippi River in Minneapolis collapses into the river during the height of the afternoon rush hour

Global

- ▶ People around the world cast more than 100 million online votes to determine the New Seven Wonders of the World. The winning wonders are announced at a gala in Lisbon.
- ▼ More than 150 of the world's leading music acts perform in concerts staged around the world for Live Earth, a star-studded event to



developing nations.



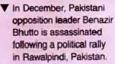
▼ Labour Party leader Gordon

as the new Prime Minister

of the United Kingdom of

Brown succeeds Tony Blair

▲ The melting of the Arctic Sea ice spurs an international network of climate scientists to conclude that global warming is indisputable, and that human activity has been causing temperatures to rise since 1950.





▲ Tropical cyclone Sidr is the deadliest storm to hit Bangladesh in a decade. It destroys thousands of homes, ruins crops and forces more than a million villagers to evacuate.



MOLIG

Sci-Tech

▼ Saskatoon-born Dave Williams completes a historic launch into space aboard the Endeavour. Williams spent a Canadian record-breaking 18 hours outside in space, breaking the previous record held by CSA colleague Chris Hadfield, who spent 14 hours outside the shuttle in 2001. Williams is the last Canadian astronaut officially scheduled to fly before NASA winds down the shuttle program by 2010.



Momen's

Doctors Brian Lupton and Liz Whynot discuss the birth of sextuplets born at B.C. Women's Hospital in January, 2007. The four boys and two girls were delivered after just 25 weeks with each weighing approximately 1.8 pounds.



◆ The digital smiley face celebrates its 25th birthday. Its inventor, Camegie Mellon professor Scott E. Fahiman, first used the icon on an electronic bulletin board in 1982.



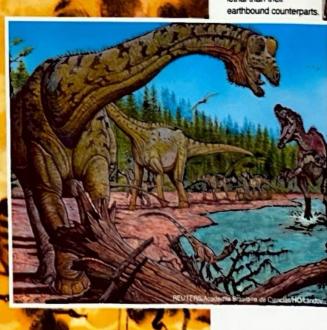
■ Using mice, biologists develop a method to reprogram ordinary skin cells into all-purpose stem cells. This discovery is likely to have a positive impact on treatments for a number of diseases.

■ Crops are threatened when honeybee colonies in the U.S. and Europe suffer from Colony Collapse Disorder. In Canada, honeybees play a major role in pollinating many fruits, vegetables and crops. A study by Agriculture and Agri-Food Canada estimated the value of the bees to pollination has climbed to more than \$1 billion. Alberta, Saskatchewan and Manitoba produce 80% of Canada's 154 million kilos of honey annually.

In a medical experiment, salmonella germs take a nde on the space shuttle. When they return to Earth, the germs are far more lethal than their earthbound counterparts.



An excavation site in Argentina yields the fossilized remains of a previously unknown species of dinosaur, the Futalognkosaurus dukei, measuring more than 105 feet.



Lifestyle

rook.com/rest

facebook

Search.

- Social networking websites continue to surge in popularity. MySpace and Facebook remain. dominant as the sites of choice for young people and inspire a host of innovative imitators.
- ▼ Concerns about overweight dogs and cats hit the headlines. Veterinarians prescribe a the neighbourhood and no people food.

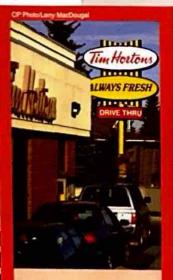
Mail District regimen of fewer treats, more walks around

> The healthy growth trend for vitamin waters and other nutrient-hoosted consumables continues with the introduction of specialized formulas for immunity, focus

and more

 User-generated content grows more popular as network television shows, mainstream musical acts and wannabe media stars join amateur home moviemakers on YouTube. One of the most-watched videos of 2007 features a feline pianist.





Higher prices for coffee beans do not lessen the nation's craving for coffeehouses. Independents and chains alike continue to be popular with younger consumers.

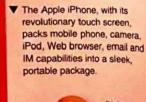
Applications

a environment

argy costs

ansume

ansume ▼ Concerns over the environment and increasing energy costs create a growing consumer demand for energy-saving, long-lasting compact fluorescent light bulbs.



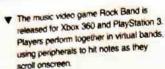


Trifle III India





▼ The music video game Guitar Hero III: Legends of Rock is released with a soundtrack of 71 playable songs Slash and other real-life guitansts appear as in-game characters





■ Even after lonelygirl15 is revealed as a fictitious character, her popular storyline continues for a full season as an internet dramedy senes on YouTube and MySpace



▼ After a two-year format war, Toehiba pulls its HD DVD product out of contention, leaving Sony Blu-ray as the able next-generation successor to DVD.



planet earth

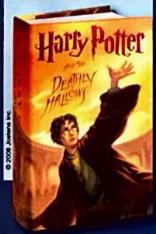


▲ Large-scale multiplayer online garning gives rise to virtual worlds where players interact via avatars and the computer-generated environment is similar to the real world.

HASSOWGOD

Harry Potter and the Deathly Hallows, the seventh and final book in the enormously popular senes, is released. The bookstore chain Indigo reported it sold three books per second upon its release. Amazon reported that residents of Banff, Alberta ordered more copies than any other town in Canada.

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Beading makes a comeback as a way to relax and creatively spend time with friends.



Television

▼ The second season of NBC's Heroes continues the adventures of ordinary people with extraordinary powers and reveals more about the shadowy dealings of "The Company."



High School Musical 2 drew over one million Canadian viewers when aired on the Family Channel. Over 17 million viewers in the U.S. watched the movie's premiere when it premiered on the Disney Channel making it the highestrated cable broadcast in U.S. history. ▼ In the 36th season of CBS's The Price is Right, host Bob Barker retires and comedian Drew Carey takes over the helm at the world's second-longestrunning game show.





The NBC drama series Friday Night Lights, about a fictional high school football team, is taped documentary-style, without rehearsals, to give it a more authentic feeling.

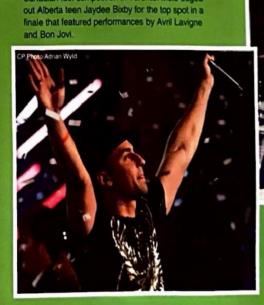


On The CW, Blake Lively portrays socialite teen Serena van der Woodsen in Gossip Girl, a drama series that follows the lives of prep school students from New York's Upper East Side.

America Ferrera, who plays Betty Suarez on the popular ABC comedy-drama Ugly Betty, is the first Latina to win the Emmy for Outstanding Lead Actress in a Comedy Series.



ABC's Dancing with the Stars rules the ratings thanks to popular celebrity participants such as Sabrina Bryan of The Cheetah Girls.



Alt-rocker Brian Melo from Hamilton, ON wins the Canadian Idol competition in Toronto. Melo edged

> participants su as Sabrina Bri The Cheetah

Favourite TV Shows:		

Movies

▼ A 90-minute episode of The Simpsons takes six years to make. The Simpsons Movie finally makes its big-screen debut and is a major hit.

Shia LaBeouf portrays a teenager who is plunged into a high-tech battle between good and evil alien robots in *Transformers*, a live action adaptation of the 1980s cartoon series.

PROTECT DESTROY

RATEFORMERS

◆ Atonement receives seven Golden Globe nominations, including lead acting nods for Keira Knightley and James McAvoy.

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July 27

- THE

▶ Disney's National Treasure: Book of Secrets nets the third-highest box-office total ever for a Christmas weekend release.



Well Dawy Fishershouting Exercit Collection
 Disturbia, a surprise hit thriller about a bored teenager under house arrest who thinks his next-door neighbour may be

a notorious serial killer, spends three

weeks at the top of the box office.

▼ Halifax-born Ellen Page, 21, the star of JUNO along with the film's Canadian director, Jason Reitman, celebrate the films' 4 Oscar nominations. The movie was shot in British Columbia and won the Oscar for Best Original Screenplay.



▲ Joel and Ethan Coen write and direct No Country for Old Men, a film adaptation of Cormac McCarthy's bleak, moody modern western novel. The film receives eight Oscar nominations.

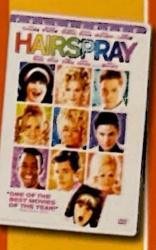


Aramax Films Photolest

▼ In I Am Legend, Will Smith is the last man alive in New York, after a man-made virus wipes out most of the world's population and turns the survivors into dangerous mutants.



Matt Damon reprises his role as amnesiac CIA assassin Jason Bourne for The Bourne Ultimatum, the third film in the Bourne trilogy based on Robert Ludlum's novels. ▼ Starring Zac Efron, Amanda Bynes and newcomer Nikés Bionsky, Hairspray is a zany musical based on the Broadway smash hit.



Oscar Winners

Best Film: No Country for Old Men

Best Actor: Daniel Day-Lewis, There Will Be Blood

Best Actress: Marion Cotillard, La Vie en Rose

Best Supporting Actor: Javier Bardem, No Country for Old Men

Best Supporting Actress: Tilda Swinton, Michael Clayton



KINGDOM OF THE CRYSTAL SKULL After a 19-year hiatus, Harrison Ford returns as Steven Spielberg's adventurous archaeologist in Indiana Jones and the Kingdom of the Crystal Skull.



Tim Burton directs and Johnny Depp stars as the title character in Sweeney Todd: The Demon Barber of Fleet Street, an adaptation of the hit Broadway musical.



Using a combination of live action and animation, Enchanted tells the story of Giselle, a fairy-tale character seeking a "happily ever after" ending in modern-day Manhattan.

Music

▼ Fergie continues to place singles from her triple-platinum solo album, The Dutchess, on the Billboard charts.

▼ Fall Out Boy headlines the Honda Civic tour, performs at Live Earth concerts and reaches the top of the charts with the release of their album Infinity on High.

Dave M. Benefit Getty Images



British singer Amy Winehouse brings wins five Grammy awards for her work on Back To Black.





Canadian pop singer Feist enjoys soaring sales for her third solo album, The Reminder, after the single "1234" is featured in a commercial for the iPod nano.





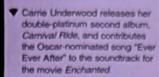
A Rihanna records her third album, Good Girl Gone Bad, featuring Jay-Z and Ne-Yo. She receives six Grammy nominations.







▲ Malibu singer-songwriter Colbie Caillat rises to stardom from MySpace. Her song "Bubbly" garners more than 31 million plays and her CD goes platinum.





AP Photo/Empire Expo Center, John Haege

Country star Kenny Cheeney releases his 13th athum, Just Who I Am: Poets & Pirates. His File Plop summer tour is the highest-grossing country tour of 2007.



▲ After facing off at the MTV Musi Awards, rapper rivals Kanye West and 50 Cent release albums on September 11 and vie for top sales. Kanye's Graduation is the victor.



Hip-hop artist T-Pain releases his second album, Epiphany. The album receives four 2008 Grammy nominations and the Vibe 2007 Song of the Year Award.

Sen Pose/Wirelmage/Getty Images

 Soulja Boy reaches the top of the Billboard Hot 100 with the single "Crank That (Soulja Boy)" and his distinctive, loose-limbed dance style becomes a nationwide craze.



IN/RAIN/BOWS
IN RAIN/BOWS
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for a digital download of their highly acclaimed seventh album, In Rainbows. A "discbox" edition, with standard CD and vinyl LP, is released in January 2008.

Radiohead invites listeners and fans to pay whatever they want



Canadian punk-pop princess Avril Lavigne releases her third album The Best Damn Thing, featuring "Girlfriend," her first No. 1 on the Billboard Top 100. Lavigne is also scheduled to launch her own fragrance and clothing line this summer.

Sports

▼ Saskatchewan Roughriders linebacker Kitwana Jones hoists the Grey Cup after beating the Winnipeg Blue Bombers 23-19 to win the 95th CFL Grey Cup in Toronto

▼ Tiger Woods achieves his record 14th World Golf Championships win at the WGC-Bridgestone Invitational and claims his 60th PGA Tour win at the BMW Championship.



Team Canada's Renee Simons, Sasha Carter, Jeanna Schraeder and skip Kelly Scott, defeated Denmark 8-4 at the Women's World Curling Championship in Aomon, Japan.

CSMLandon



RONA

Former Senator George Machel releases a list of Major League Beseball players, including seven MVPs and 31 Al-Stars, under investigation for lilega use of steroids and other performance enhancing drugs.



Rich Paing/MLB Photos via Getty Images

At X-Games 13, Ricky Carmichael wins the first MotoX Racing Circuit, Simon Tabron does back-to-back 900s in BMX Vert and Jake Brown survives a 40-foot fall.

21-17/1-42

▼ The veteran San Antonio Spurs, led by Tim Duncan, beat the Cleveland Cavaliers and their young phenom, LeBron James, in a 4-0 sweep to win the 2007 NBA finals.





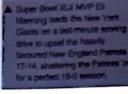
▲ In front of a crowd of almost 27,000 football fans, the University of Manitoba Bisons end their 37 year drought and take home the Vanier Cup after a 28-14 win over the Huskies in Toronto.





The American League
Champion Boston Red Sox
dofest the National League
Champion Colorado Rodues
in a decisive four-game sweep
to capture their second World
Series title in four years.

Red Stanlery Cup, besting the Ottown Sensions in the general for the 2007 NHL champoonship.



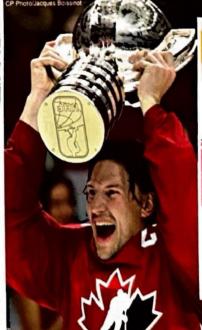




Canadian speed skating athlete Cindy Klassen wins the Female Athlete of the Year Award for the second year in a row at the Canadian Sport Awards at the U of M in Winnipeg.



honour the first-ever Women's World Champions, Canada's 1990 National Women's Team.





Faces

U.S. Election '08 Candidates

Aher Super Tuesday primaries on February 5, 2006, the presidential race heats up among frontrunners Hillary Carton, Mike Huckaboe, John McCain and Barack Oberna.





Hillary Rocham Clinton

Mike Huckahee





John McCain

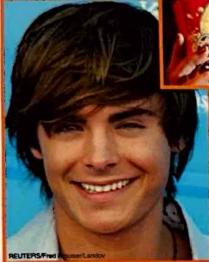
Barack Obama

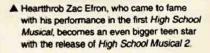
In January 2008, Academy Award-nominated actor Heath Ledger, 28, is found dead in his Lower Manhattan apartment from an accidental overdose of prescription medication.



ARND WIEGMANN/Reuters/Corbis

► Entertainment Weekly names J.K. Rowling—author of the seven-volume, 4,100-page Harry Potter series of best-selling children's books—as its Entertainer of the Year.

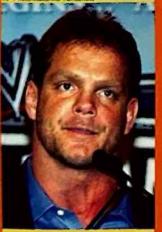








At London's Wembley Stadium, Princes William and Harry host the Concert for Diana to commemorate the tenth anniversary of the death of their mother, the Princess of Wales.



▲ Canadian wrestling star Chris Benoit commits suicide after taking the lives of his wife and 7 year old son at his home in Georgia. This tragic story prompts the CBC's Fifth Estate to produce a documentary that probes into the circumstances of Benoit's death and that of dozens of other pro wrestlers.



PA Photos Landon



▲ As "Izzie Stevens" on ABC's Grey's Anatomy, Katherine Heigl is a small-screen star. As "Anne Fletcher" in the comedy 27 Dresses, she conquers the big screen as well.



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